

Program



Volunteers Touch Lives

Spotlight

SeniorMovers is a program that was created in 2001 at the Senior Activities Center in response to the transportation needs of Grapevine senior residents (age 55 and over) to travel to and from medical and dental appointments. Many times this curb-to-curb service is the only way a senior can keep these vital appointments. Volunteers are the critical component of this program. The SeniorMovers volunteer chooses the days and times of the week and destinations that fits their schedule. Anyone who has a desire to help others, has a personal vehicle with valid auto insurance, a valid Texas driver's license and who agrees to a criminal and motor vehicle history background verification can qualify as a volunteer. Call the Grapevine Senior Activities Center at 817.410.8130 and ask for Sandra to get more information on how to provide this critical link between seniors and medical care.

The Grape Affair
421 Church Street
Grapevine, TX 76051

Helpful Phone Numbers:

First Call for Help & United Way Information & Referral Line
2-1-1
Northeast Transportation Services (NETS)
817.336.8714
Grapevine SeniorMovers
817.410.8130



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The Grape Affair

March 2009

Grapevine Senior Activities Center

Play Often - Play Grapevine

421 Church Street ~ Grapevine, Texas 76051 ~ 817.410.8130

Hours of Operation: Monday - Friday 8 a.m. to 3 p.m.

www.gvpard.com



Highlights for the Month March 2009

- 2 Mall Shopping
- 3 Birthday Lunch
- 4 Bank and Post Office
- 4 Advisory Council Meeting
- 5 Participant Meeting
- 6 S.A.L.T. Conference
- 7 Dance w/ Sagebrush
- 10 Health Break
- 11 Hot Breakfast
- 12 FOPS Trip
- 12 Diabetes Support Group
- 13 Dallas Quilt Show
- 14 Red Hat Trip
- 20 Red Hat Trip
- 21 "Let There Be Light" Trip
- 27 Defensive Driving
- 28 Supper Club

Looking Ahead April 2009

- 1 SCS Games Day
- 7 Dance w/ Classic Country
- 8 Advisory Council Meeting
- 16 Golf Tournament
- 18 Fashion Show

San Francisco and Lake Tahoe (July 10-16)

March 10 is the deadline to sign up for this trip and to make a deposit of \$100. Final payment is due May 10. This trip to San Francisco and Lake Tahoe includes stops at Union Square, Golden Gate Bridge, Napa Valley, Virginia City, Reno, Carson City and a Lake Tahoe cruise. Contact Kaye Grayson at the Senior Activities Center for more information.

Walk Across Texas

The Grapevine team won a walking contest against the Colleyville and the Bedford/Hurst senior centers. Forty-eight Grapevine participants walked a total of 3,757 miles earning them the traveling trophy that they received at an awards ceremony on January 26. This 8-week contest encourages people to continue a daily physical regimen for health benefits. See inside for a schedule of various exercise opportunities!

Saturday Night Dance

Sagebrush is the band playing on Saturday, March 7. Join us from 7-9:30 p.m. to enjoy music, dancing and fellowship. Bring a snack to share at intermission. Admission is only \$5 per person.

Computer Class Registration

You can register for FREE computer classes on Monday, March 9 from 9 a.m.-12 p.m. at the SAC. Telephone registration is from 1-2 p.m. Registration in person is recommended for first-choice class selection. A list of classes with days and times is available at the SAC or on the website at www.gvpard.com. The session runs from March 16 through May 7.

S.A.L.T. Conference (Seniors and Law Enforcement Together)

The SAC will provide transportation to the 10th annual conference to be held at the Masonic Temple in Ft. Worth on Friday, March 6. The purpose of the conference is to enlighten seniors how to avoid being victims of fraud and other criminal activities. The bus leaves at 9:15 a.m. and returns by 2 p.m. A free lunch and door prizes are included at the conference. Seating is limited, so call and reserve your spot today!

Red Hat Society Trip

The ladies will be traveling to Granbury on Saturday, March 14 to see "My Way, A Musical Tribute to Frank Sinatra." We will leave at 9:30 a.m. After lunch and shopping on the square, we have tickets for the 2:30 p.m. performance. The price for this grand excursion is only \$18 per person. Lunch is on your own. Sign up at the front desk today!

Be Our Guest Neighborhood Meal

First United Methodist Church Grapevine is hosting a free home-style meal on the third Tuesday of each month. Everyone is welcome - seniors, singles, families and children. This month's dinner is March 17. Please arrive promptly at 6 p.m. The church is located at 422 Church Street, right across the street from the Senior Activities Center.

AARP Tax-Aide

AARP Tax-Aide continues through April 15. Appointments are available every Wednesday for those seniors needing assistance with their tax filings. Please provide last year's tax return, and all 2008 copies of Social Security SSA-1099 forms, 1099-R forms, 1099-INT forms, 1099-B forms and 1099-DIV forms. In addition, it is imperative that you know the amount of the 2008 Stimulus Payment you received from the government and your property taxes paid in 2008. If stocks were sold during the year, you must provide the date each stock was purchased, the dollar amount paid for each stock, the date each stock was sold and the dollar amount of the sale. Both spouses must be present to sign the electronic filing authorization when filing a joint return. Direct deposit is recommended and is free. We require a blank check to get correct information for processing. Qualified volunteers are available from 8:45 a.m. to 2 p.m. Please call 817.410.8131 to schedule your appointment.

"Let There Be Light" Exhibit

This exhibit is a production of Masterpiece Christian Fine Arts Foundation and features 90 paintings and sculptures by 22 Master Christian artists from across the United States. The exhibit will visit Seattle, Los Angeles, Dallas, New York City and Paris, France. Currently it is at the Galleria Pierra. Our tour of the exhibit will be Saturday, March 21 followed by lunch at Celebration Restaurant. The bus will leave at 9:30 a.m. and return by 2 p.m. The tour is free and lunch is on your own. Sign up at the front desk.

Fraternal Order of Plaid Shirts

It's springtime and that means hitting the Texas Rangers Legends of Baseball Museum. On Thursday, March 12, the Men in Plaid will enjoy a tour of the museum and the ballpark for \$5 admission. Afterwards, they'll eat at Chapps. Bus leaves at 10 a.m. and returns by 2 p.m. Sign up at the front desk!

AARP Defensive Driving

Sign up now for the AARP Defensive Driving course being offered Friday, March 27, 12:30-5 p.m. The cost is \$12 if you are an AARP member or \$14 if you are not a member, payable to the instructor on the first day of class. Seating is limited to 30. To pre-register or to obtain additional information, please call the SAC at 817.410.8130.

