SUMMER 2016

Play GRAPEVINE

PARKS AND RECREATION ACTIVITIES GUIDE

48,001+ WAYS TO PLAY!

Summer camps, sports leagues, special events, health and fitness activities, recreational opportunities, volunteer spots, and more!

DOGGIE DIVE-IN

Our four-legged friends will close out the summer in style with a Doggie Dive-In at Pleasant Glade Pool.
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GRAPEVINE SHINES GOLD

Grapevine Parks and Recreation named Texas Gold Medal Award recipient, as the top parks and recreation agency in its class! PAGE 06

GRAPEVINE TEXAS PARKS AND RECREATION

PlayGrapevine.com

AWESOME HAS A NEW ADDRESS.

- Indoor family aquatic center with slides, lazy river, lap lanes and play structures
- Indoor children's themed playground
- On-site child watch
- Active adults 55 and better area includes a computer lab, classroom space, lounge area with fireplace (maintaining same senior benefits)
- Over 7,000 square feet of fitness room space with cardiovascular/strength equipment and exercise stations
- Regulation-size basketball and racquetball courts
- Multiple exercise rooms for fitness classes
- Private fitness assessment rooms
- An elevated walking track
- Ten family changing rooms
- Seating and lounge spaces throughout

THE REC OF GRAPEVINE

FAMILY PASSES AS LOW AS $4.17/PERSON A MONTH*

*Annual family pass - family of 6.

OUR **MISSION**

To enhance the quality of life of the citizens of Grapevine, through the stewardship of our natural resources and the responsive provision of quality leisure opportunities.

CONTACT INFO:

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Vineyardscampground.com

MEADOWMERE PARK
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ROCKLEDGE PARK
817.454.1058

GRAPEVINE CITY COUNCIL
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Becky St. John
GCISD School Board Liaison

Abby Sandy
Student Liaison

For additional information, visit **TheREC.com**

SUMMER 2016

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GRAPEVINE TEXAS PARKS AND RECREATION

DIRECTOR'S WELCOME

Kevin Mitchell
Director
Grapevine Parks and Recreation
kmitchell@grapevinetexas.gov

As we enter into our second summer at The REC, I hope you take advantage of all the opportunities the Parks and Recreation Department has to offer. With The REC of Grapevine 1 year anniversary approaching on April 25, it is hard to comprehend that the facility has been operating a full year. We could not have gotten this far without the help and participation of Grapevine residents. On behalf of Parks and Recreation, I would like to thank all of you. It has been a great first year and we hope you have enjoyed everything the facility has to offer. After reopening The Vineyards Campground & Cabins for four days during the Thanksgiving holiday, we unfortunately suffered another flood thus closing the Campground, all lake parks and boat ramps. With the determination of our staff and wonderful volunteers, some headway and progress has been made in the flood restoration efforts. The summer is looking bright for lake parks and the Campground to reopen soon for all to enjoy.

In the past few months, we have added two different trail systems to the City. The first is the Municipal Trail that wraps around The REC, Library and Convention Center and the second is the Links Trail that parallels Highway 26 from Ruth Wall to the west side of Grapevine Mills Mall. We hope you enjoy all the benefits that Grapevine's beautiful trails have to offer whether you are out for a relaxing stroll or training for a race.

I encourage you to browse through the summer issue of Play Grapevine to find something that excites you and your family. One of our main goals is to target the interests of all ages. We have a lot of thrilling and creative camps this summer as well as many community events that include Mom & Me Tea, The Amazing Race: Father/Son Event, and the start of the Fourth Friday Film series beginning at Parr Park. Please also check out the NEW outdoor programs such as Camp Survival Games, RISE Adaptive Sports, Fly Fishing Expo and Surf Camp. Whether your summer plans keep you in Grapevine or take you across the world, I hope you have a safe and happy summer.

As always, please consider keeping up with Parks & Recreation news, special events and opportunities to enter our social media contests throughout the year. Be sure to LIKE us on Facebook and FOLLOW us on Twitter and Instagram @PlayGrapevine.

PLAY OFTEN – PLAY GRAPEVINE!

Warm Regards,

Kevin Mitchell

Kevin Mitchell, Director
Grapevine Parks and Recreation

GRAPEVINE SHINES GOLD!

Parks and Recreation Department named top agency in Texas in 2016.

The Grapevine Parks and Recreation Department took home three statewide honors, including the coveted **Texas Gold Medal Award** as the top parks and recreation agency in its class, at the annual Texas Recreation and Park Society (TRAPS) institute in Galveston. The Texas Gold Medal Award marks the biggest achievement that a department can earn on the state level. The award honors departments for excellence in the field of recreation and park management for the past three (3) years. Grapevine also was honored with the **Recreation Facility Design Award** for The REC of Grapevine and the **Lone Star Programming Award** for Fossil Fest.

Come Celebrate With Us!

INDOOR PLAY PARTY ($150)

Package Includes:

- Two (2) hour party room rental
- Party attendant
- One (1) hour private play in the Indoor Play area or gym
- Outside food allowed in party room
- 16 children included with a maximum of 24 children
- $10 fee per each additional child
- Payment in full at time of reservation

OPEN SWIM PARTY ($175)

Package Includes:

- Two (2) hour party room rental
- Party attendant
- 16 children included with a maximum of 24 children
- $10 fee per each additional child
- Outside food allowed in party room
- Parent must accompany children 9 and under in the water
- Payment in full at time of reservation

EVENT HALL

Package Includes:

- Banquet seating for 200
- 6-foot round banquet tables with seating for 8 at each
- Rectangular banquet tables available upon request
- Can divide hall into two smaller halls with banquet seating for 90 each
- High quality kitchen for licensed caterers
- State-of-the-art audio/visual system included in rental
- 50% deposit due at time of reservation; balance due 14 days prior to event
- Minimum of a two hour rental
- Events booked on a first request basis
- 14 day cancellation policy
- After-hours rentals available
- Rates vary based on time of rental and number of guests

Additional information:

- All parties must be paid at time of reservation.
- Children under age 9 must be accompanied by an adult (age 16 or older) in the water
- Additional party guests must be paid for 15 minutes prior to end of party.
- We ask that parties arrive no more than 15 minutes before the scheduled party time and area must be vacated on time.
- Kids Party times:

Friday: 4:00–6:00 PM
Saturday: 11:00 AM–1:00 PM, 1:30–3:30 PM, 4:00–6:00 PM
Sunday: 1:30–3:30 PM, 4:00–6:00 PM

For additional information on any rental please contact Michele Friedman at mfriedman@grapevinetexas.gov or at 817.410.3455. For private pool rental info, see pg. 12.

Host your next event with us!

ROOM RENTALS:

Enjoy The REC experience by hosting your next event with us! Minimum two (2) hours per rental. Rental cancellation must be made within 14 days to receive full refund.

For additional information on any rental, please contact Michele Friedman at mfriedman@grapevinetexas.gov or at 817.410.3455.	Facility Capacity	Member Hourly Fee	After Hours Member Hourly Fee	Non-Member Hourly Fee	After Hours Non-Member Hourly Fee	2-hour Rental Minimum
THE REC OF GRAPEVINE						
Classrooms	40	$45.00	-	$55.00	-	Y
Conference Room	20	$45.00	-	$55.00	-	Y
Dance Room	30	$45.00	-	$55.00	-	Y
Exercise Studio A	50	$55.00	-	$65.00	-	Y
Exercise Studio B	30	$45.00	-	$55.00	-	Y
Exercise Studio C	30	$45.00	-	$55.00	-	Y
Turf Field	1/2 Field	$55.00	-	$65.00	-	-
The REC - Dry (includes racquetball courts, basketball gyms and gameroom)	200	-	$250.00	-	$300.00	Y
The REC - Dry/Wet (includes the above plus pool area)	300	-	$500.00	-	$550.00	Y
Event Hall A	90	$75.00	-	$100.00	-	Y
Event Hall A with Kitchen*	90	$100.00	-	$125.00	-	Y
Event Hall B	90	$75.00	-	$100.00	-	Y
Entire Event Hall (A & B)	200	$200.00	$250.00	$250.00	$300.00	Y
***Use of kitchen by licensed caterers only**						

Indoor Party Rentals	Persons	Party Fee	Additional Information
Private Pool Party Rental Times: Fri & Sat: 6:30-8:30 PM			
Private Pool Party	75	$400.00	Party Rooms A & B, Outside food allowed in party rooms only; Any parties larger than 150 guests must call coordinator for pricing.
Private Pool Party	150	$600.00	
Open Swim Party*	16	$175.00	Party room, 1 hr in pool, 1 assistant to help set/up and clean up; Outside food allowed in party room only; Parent must accompany children 9 and under in the water. Maximum of 24 party participants.
Party Rental Times: Fri: 4:00-6:00 PM; Sat: 11:00 AM-1:00 PM, 1:30-3:30 PM, 4:00-6:00 PM; Sun: 1:30-3:30 PM, 4:00-6:00 PM			
Indoor Play Party*	16	$150.00	Party room, 1 hr in indoor play structure OR gym, 1 assistant to help set/up and clean up; Outside food allowed in party room only. Maximum of 24 party participants.
***For each additional guest, a $10 fee per person will be charged; max 24 guests.**			

Rent a Park Facility

Grapevine residents and non-residents may reserve outdoor pavilions at Parr Park, Dove Park, Heritage Park, Bear Creek Park and Pickering Park. Trawick, Jackson and Meadowmere Park Pavilions are on Lake Grapevine and accommodate large parties.

Indoor facilities, the Bessie Mitchell Meeting Facility and Merlot Community Rooms are available for Grapevine residents and businesses only.

For information on these facilities, please call 817.410.3470 or email srich@grapevinetexas.gov.

Weddings at Botanical Gardens
$400/3 hrs (Grapevine residents only)
Grapevine residents (only) may reserve their wedding at the Botanical Gardens in Heritage Park. For more information, please call 817.410.3470.

Small Park Pavilions

Dove Park Pavilion – North
(residents) $30/3 hrs ($10 each additional hr)
(non-residents) $40/3 hrs ($15 each additional hr)

Heritage Park Pavilion
(residents) $30/3 hrs ($10 each additional hr)
(non-residents) $40/3 hrs ($15 each additional hr)

Bear Creek Pavilion
(residents) $30/3 hrs ($10 each additional hr)
(non-residents) $40/3 hrs ($15 each additional hr)

Parr Park Playground Pavilion
(residents) $45/per timeslot*
(non-residents) $60/per timeslot*

Parr Park Sprayground Pavilion
(residents) $45/per timeslot*
(non-residents) $60/per timeslot*

*Timeslots: 8:00-11:00 AM, 12:00-3:00 PM or 4:00-7:00 PM

Large Park Pavilions

Parr Park Pavilion
(residents) $100/3 hrs ($20 each additional hr)
(non-residents) $150/3 hrs ($25 each additional hr)

Pickering Park Pavilion
(residents) $100/3 hrs ($20 each additional hr)
(non-residents) $150/3 hrs ($25 each additional hr)

Casey's Clubhouse Pavilion
North or South Cabana
(residents) $45 or $90 for both/exclusive use
(non-residents) $60 or $120 for both/exclusive use
Time Slots: 8:00-11:00 AM, 12:00-3:00 PM, 4:00-7:00 PM

Lake Parks Pavilions

Trawick Pavilion
(Grapevine residents) $350/day
(non-residents Mon-Thur) $350/day
(non-residents Fri, Sat, Sun) $390/day

Jackson Pavilion
(Grapevine residents) $350/day
(non-residents Mon-Thur) $350/day
(non-residents Fri, Sat, Sun) $390/day

Meadowmere Park Pavilion
Mar 1-Sept 30 Rates
(Grapevine residents) $275/day
(non-residents) $325/day
Please call 817.410.3470 for AM and PM Rates.

For the Jackson, Trawick and Meadowmere Pavilions, all paid reservations canceled prior to 14 days from date of event will have a $25 cancellation fee. Any cancellations within 14 days of the rental will have a $100 cancellation fee. This is a cancellation for any reason, including weather. Rain checks accepted. The Jackson and Meadowmere Park pavilions are not reservable on holiday weekends. All Lake Park pavilions are not reservable on Jul 4.

For the Vineyards Campgrounds & Cabins reservations, please call 817.329.8993.

Indoor Rental Facilities

Bessie Mitchell Facility
$100/2 hr (Grapevine residents only)
$50 each additional hr

Merlot Community Room
$100/2 hr (Grapevine residents only)
$50 each additional hr

For more information regarding rental facilities, please visit playgrapevinereg.com or call 817.410.3470.

GRAPEVINE TOWNE CENTER

Intersection of SH-114, William D. Tate and SH-26

grapevinetownecenter.com

Find us on Facebook

PROUD SPONSOR OF GRAPEVINE PARKS & RECREATION

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www.WeitzmanGroup.com

CENCOR REALTY SERVICES *Management* 214.954.0300

THE REC OF GRAPEVINE
RECREATION | EDUCATION | COMMUNITY

CURRENT OPERATING HOURS

DRY SIDE

MONDAY-THURSDAY
5:00 AM-10:00 PM

FRIDAY
5:00 AM-7:00 PM

SATURDAY
7:00 AM-7:00 PM

SUNDAY
12:00 PM-7:00 PM

WET SIDE

MONDAY-THURSDAY
5:00 AM-8:00 PM

FRIDAY
5:00 AM-6:00 PM

SATURDAY
7:00 AM-6:00 PM

SUNDAY
12:00 PM-6:00 PM

Detailed aquatic schedule on pg. 12.

CHILD WATCH HOURS

MON-THUR	FRIDAY	SATURDAY
8:00 AM-12:00 PM	8:00 AM-12:00 PM	8:00 AM-12:00 PM
4:00 PM-8:00 PM	2:30 PM-6:30 PM	

TYPE OF MEMBERSHIP/PASS	PRICE
Annual Passes - Family	**$300.00**
Annual Passes - Individual	**$120.00**
Annual Passes - Non Res. Family	**$780.00**
Annual Passes - Non Res. Individual	**$440.00**
Aquatic “Wet” Family	**$200.00**
Aquatic “Wet” Individual	**$80.00**
Fitness “Dry” Family	**$170.00**
Fitness “Dry” Individual	**$70.00**
Guest Pass - Must Be With A Member	**$10.00**
Child Watch Pass - Drop-In	**$5.00**
Child Watch Pass - Annual (Resident Only)	**$100.00**
Senior Services Pass*	**Free**
Play Pass “Grape”** (Resident Only)	**$350.00**
Play Pass “Vine”*** (Resident Only)	**$385.00**

*Seniors 55+ services during senior hours and designated senior programs
** “GRAPE”, The REC, Dove Pool, PG Pool $400 value
*** “VINE”, The REC, Dove Pool, PG Pool & Lake Parks $435 value

SUMMER POOL HOURS

Starts June 3 • Ends August 21

MONDAY-THURSDAY
5:00-11:00 AM ..... Fitness & Programs*
11:00 AM-8:00 PM..... Open Swim and Programs

FRIDAY
5:00-11:00 AM ..... Fitness & Programs*
11:00 AM-6:00 PM ..... Open Swim

SATURDAY
7:00-11:00 AM ..... Fitness and Programs
11:00 AM-6:00 PM..... Open Swim

SUNDAY
12:00-6:00 PM..... Open Swim

POOL HOURS

Until June 2, 2016 • Toddler Splash ends May 27

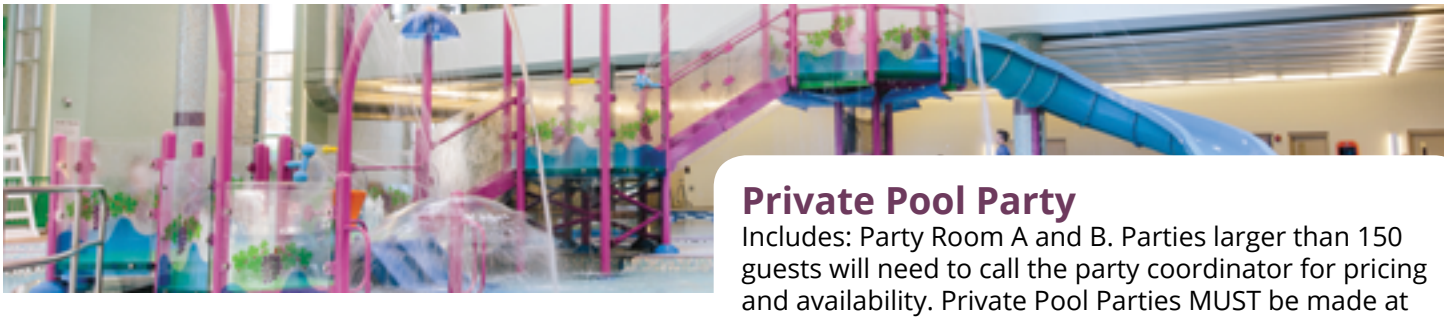
MONDAY-THURSDAY
5:00-8:00 AM..... Self Directed Fitness*
8:00-11:00 AM ..... Fitness & Programs*
11:00 AM-4:00 PM ..... Self Directed Fitness*
4:00-8:00 PM..... Open Swim and Programs

FRIDAY
5:00-8:00 AM..... Self Directed Fitness*
8:00-11:00 AM ..... Fitness & Programs*
11:00 AM-4:00 PM ..... Self Directed Fitness*
4:00-6:00 PM..... Open Swim and Slides

SATURDAY
7:00-11:00 AM ..... Fitness and Programs
11:00 AM-6:00 PM..... Open Swim and Slides

SUNDAY
12:00-6:00 PM..... Open Swim and Slides

PLEASE NOTE:
*Self directed fitness is for ages 16 and up. Lap swimming is available at all times the pool is open. Swimmers should circle swim and share lanes. Due to programs, the number of lap lanes may be reduced. Ask staff for more information.



POOL & PARTY ROOM RENTALS

Open Swim Party

Includes: Party Room A or B, Pool Passes for up to 16 guests ($10 for additional party participant). Max of 24 party participants.

Fee: $175

Fri: 4:00-6:00 PM
Sat: 11:00 AM-1:00 PM, 1:30-3:30 PM, 4:00-6:00 PM
Sun: 1:30-3:30 PM, 4:00-6:00 PM

Private Pool Party

Includes: Party Room A and B. Parties larger than 150 guests will need to call the party coordinator for pricing and availability. Private Pool Parties MUST be made at least 2 weeks in advance. Every person entering facility area is counted. Pool is cleared 15 minutes before end time.

Fee: $400 (75 max) or $600 (150 Max)

Fri: 6:30-8:30 PM • Sat: 6:30-8:30 PM

PLEASE NOTE:
· All parties must be paid at time of reservation.
· Children under age 9 MUST be accompanied by an adult (over age 16) in the water.
· Height requirement for Tower Slides is 42 inches.
· Additional party participants must be paid for 15 minutes prior to end of party.
· Floatation devices must be US Coast Guard approved.

Now hiring for Summer 2016!
Rescue Us! Join the Aquatics Team!

Lifeguards • Cashiers • Swim Lesson Instructors • Swim Lesson Aides

Apply NOW at grapevinetexas.gov • Certification Class Information 817.410.3461

American Red Cross Lifeguard Certification

Interested in a great job or challenging career as a professional lifeguard? Through videos, group discussion and hands-on practice, you'll learn teamwork, rescue and surveillance skills, First Aid and CPR/AED and other skills you need to work as a professional lifeguard. Class is in blended learning format with a combination of online and classroom skills. Successful completion results in a 2-year certification in Lifeguarding that includes first aid, professional-level CPR and AED in one certificate. Digital certificate available upon successful completion of course.

Females must wear a 1 piece swimsuit.

Prerequisites:
Minimum age of 15 years old.
1. 300 yard swim without stopping, in the following order, 100 freestyle, 100 breaststroke, and 100 of your choice.

2. Tread water for 2 minutes without support and without stopping while your head remains above the surface. When treading, only the legs can be used.

3. Starting in the water, swim 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object. Return to the surface and swim to the starting point.

Must complete all prerequisite skills on the first class day. Must attend all 4 class days.

Location: REC Pool **Fee:** $200 523000-04
Sat (Apr 30, May 7) 10:00 AM-6:00 PM
Sun (May 1, 8) 12:00-8:00 PM

off site deep water training facility time/date TBA

American Red Cross Water Safety Instructor (WSI) Certification

Learn to teach all ages to swim and give water safety presentations. It's a fun and meaningful job that is in high demand. Plus, once certified, you can apply to work with the City of Grapevine in our Learn to Swim Program as a Swim Lesson Instructor.

Females must wear a 1 piece swimsuit.

Prerequisites:
Minimum age of 16 years old.
1. Demonstrate proficiency in six strokes: freestyle, backstroke, elementary backstroke, sidestroke, breaststroke and butterfly - 25 yards per stroke.

2. Tread water for 1 minute

Location: REC Pool **Fee:** $200
May 2-6 532000-05 4:00-9:00 PM

Swim Lesson Aide (SLA) Certification

A training experience designed to prepare advanced swimmers to assist an Instructor with a class. Candidates will focus on strokes, skills, administrative duties, proper equipment usage. For certification, each student must be 10 years old, pass a swim test and complete volunteer teaching assignments. After receiving certification, those ages 12 and up are eligible to volunteer. Those 15 and older may apply for employment.

Females must wear a 1 piece swimsuit.

Location: REC Pool **Fee:** $45 Mem/$55 Non Mem
May 10-11 532200-05 5:30-7:30 PM

SATURDAY LESSONS AT THE REC

Saturday Classes	June 11 - July 30	
	Saturdays	Session 11
Semi Private Water Tots	10:10 AM	548101
Semi Private Water Bugs	9:35 AM	549935
	10:10 AM	549101
Semi Private Level 1	9:00 AM	541900
	9:35AM	541935
Semi Private Level 2	9:00 AM	542900
	10:10 AM	542101
Semi Private Level 3	9:35AM	543935
Semi Private Level 4	9:00 AM	544900

AQUATIC SPECIAL EVENTS

Toddler Splash Time
8:00-10:00AM Ages 0-5 years
Mondays and Wednesdays in June at Pleasant Glade Pool
Res $2 • Non-Res $3 (under age 12 months free)
only the Baby Pool will be open at this time

Spooktacular Swim
Saturday, October 15
6:30-8:30PM
Mem - FREE • Non Mem - $5

10th Anniversary

DOGGIE DIVE-IN

Saturday, Sept. 10 • 10:00 AM-2:00 PM
Pleasant Glade Pool
Our four-legged friends will close out the summer pool season in style with a Doggie Dive-In!

Fee: $5 per dog 509700-09
Note: 2 dogs per adult max

PADDLE BOARD YOGA

Fee: Mem $90 • Non Mem $100

Find your floating balance on the board; focus, breathe and relax on a stand up paddleboard and experience a new way to do yoga. SUP Yoga, or standup paddle yoga, is the hottest new activity on the water and open to anyone and everyone- first time yoga students and paddlers alike. Your host, a local paddle pro from DFW Surf, will be hosting a SUP Yoga experience every weekend, a 1 hour class time, part of a 4 week course. Get on Board!

Location: Pleasant Glade Pool.

Jun (4, 11, 18, 25)	521000-06	10:00–11:00 AM
Jul (9, 16, 23, 30)	521000-07	10:00–11:00 AM
Aug (6, 13, 20, 27)	521000-08	10:00–11:00 AM

AQUATIC FITNESS

Sunrise Water Aerobics
Start your day off with a high intensity, low impact work-out. Great cardio, strength and interval training.
Fee: Mem $70 • Non Mem $80

Water Aerobics
Cardio, strength, abs, arms and legs. This is a complete workout without stress on your joints.
Fee: Mem $35 • Non Mem $45

H2O Fit and Aqua Pilates
Interval and strength workout combined with Pilates core training. The best of both worlds.
Fee: Mem $35 • Non Mem $45

Aqua Tabata
Latest trend in fitness, high intensity intervals, minimal choreography and maximum results.
Fee: Mem $35 • Non Mem $45

River Aerobics - Saturdays Only
Take advantage of our indoor river. Build strength and endurance as you go with & against the current.
Fee: Mem $20 • Non Mem $30

NOTE: All classes are held at The REC Aquatic Center

CLASS	MAY SESSION 05	JUN SESSION 06	JUL SESSION 07	AUG SESSION 08
Sunrise Aerobics	5:30-6:20 AM	5:30-6:20 AM	5:30-6:20 AM	5:30-6:20 AM
	Mon-Thu 500530	Mon-Thu 500530	Mon-Thu 500530	Mon-Thu 500530
Water Aerobics	9:30-10:20 AM	9:30-10:20 AM	9:30-10:20 AM	9:30-10:20 AM
	Mon/Wed 500930	Mon/Wed 500930	Mon/Wed 500930	Mon/Wed 500930
H20 Fit and Pilates	10:00-10:50 AM	10:00-10:50 AM	10:00-10:50 AM	10:00-10:50 AM
	Tue/Thu 506100	Tue/Thu 506100	Tue/Thu 506100	Tue/Thu 506100
	7:00-7:50 PM	7:00-7:50 PM	7:00-7:50 PM	7:00-7:50 PM
	Mon/Wed 506700	Mon/Wed 506700	Mon/Wed 506700	Mon/Wed 506700
Aqua Tabata	6:00-6:50 PM	6:00-6:50 PM	6:00-6:50 PM	6:00-6:50 PM
	Mon/Wed 507700	Mon/Wed 507700	Mon/Wed 507700	Mon/Wed 507700
River Aerobics	10:00-10:50 AM	10:00-10:50 AM	10:00-10:50 AM	10:00-10:50 AM
	Sat 506701	Sat 506701	Sat 506701	Sat 506701

DOVE WATERPARK

1509 Hood Lane
Grapevine, Texas 76051
817.410.8140

Admission
Resident: $2 • Non-Resident: $5
Under age 12 months: free
All entering facility must pay admission fee.

Season Pass Information
Season passes are only available for purchase at The REC.

Individual Pass (1 person):
Resident: $50 • Non-Resident: $100
(access to both outdoor pools)

Family Pass:
(up to 6 family members)
Resident: $100 • Non-Resident: $200
(access to both outdoor pools)

DOVE WATERPARK • OPERATING HOURS

MAY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JULY

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUG/SEP

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

11:00 AM-7:00 PM

11:00 AM-5:00 PM

11:00 AM-4:50 PM
7:30-9:30 PM

11:00 AM-9:30 PM

To book your next pool party with us, please call 817-410-3455.

Basic Cabana Rentals:
$60 for 2 hours
Available during open swim hours only.

Reserve a "private" covered area with four loungers and one picnic table with seating for approximately 10 people. Does not include admission to facility.

Cabana Rama Pizza Party:
Cabana A
Resident: $175 Non-Resident: $275
Includes: Party attendant, 2 hour rental, 1 cabana, swim passes for 20 guests, 2 large pizzas and 10 ice cream cups. All entering facility must have swim pass or pay admission.

Cabana B & C
Resident: $275 Non-Resident: $375
Includes: Party attendant, 2 hour rental, 2 cabanas, swim passes for 25 guests, 3 large pizzas, 20 ice cream cups. All entering facility must have swim pass or pay admission.

Private Pool Party:
Fee: $400/max of 75 people
$600/max of 150 people

Rental Times:
Fri, Sat, Sun • 7:30-9:30 PM

*Any parties larger than 150 people need to call Party Coordinator for pricing and availability.

Spraypark Cabanas
Cabanas: A,B,C
These cabanas are at Dove Spray Park, behind Dove Waterpark. Each cabana contain 1 picnic table and 2 lounge chairs. No grills are permitted inside the fence.

Each Cabana is rented in three hour slots: 8:00-11:00 AM, 12:00-3:00 PM, and 4:00-7:00 PM. The Sprayground runs from 8:00 AM until 8:00 PM May–September.

Residents:
$40 - First 3 hours • One Cabana
$70 - First 3 hours • Two Cabanas
$110 - First 3 hours • Three Cabanas

Non-Residents:
$60 - First 3 hours • One Cabana
$100 - First 3 hours • Two Cabanas
$130 - First 3 hours • Three Cabanas

Casey's Clubhouse and Dove Park pavilions are on page 9.

PLEASANT GLADE POOL

1805 Hall Johnson Road
Grapevine, Texas 76051
817.410.8137

Admission
Resident: $2 • Non-Resident: $3
Under age 12 months: free
All entering facility must pay admission fee.

Season Pass Information
Season passes are only available for purchase at The REC.

Individual Pool Pass (1 person):
Resident: $50 • Non-Resident: $100
(access to both outdoor pools)

Family Pass:
(up to 6 family members)
Resident: $100 • Non-Resident: $200
(access to both outdoor pools)

PLEASANT GLADE POOL • OPERATING HOURS

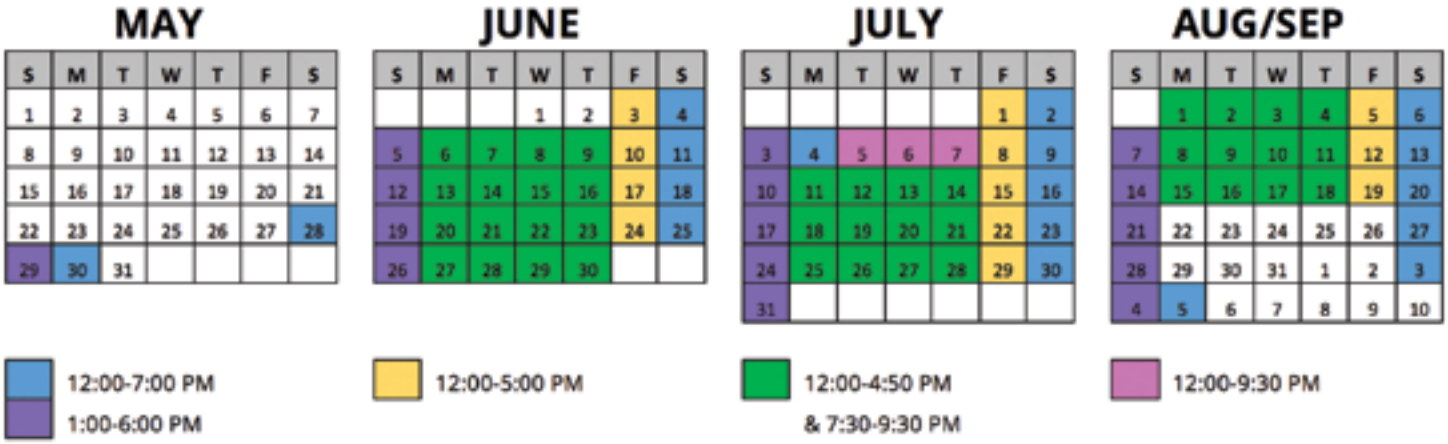


Table Rental:
$30 for 2 hours
Available during open swim hours only.
Reserve a covered area with 2 picnic tables with seating for approx. 20 people. Does not include admission to the facility.

Table Pizza Party:
Cabana A
Resident $150 Non Resident $175
Includes: party attendant, 2 hour table rental, swim passes for 20 guests, 2 large pizzas and 10 ice cream cups.

Time Options:

Mon - Thu	12:00-2:00 PM, 2:30-4:30 PM
Friday	12:00-2:00 PM, 2:30-4:30 PM
Sat	12:00-2:00 PM, 2:30-4:30 PM, 5:00-7:00 PM
Sun	1:30-3:30 PM, 4:00-6:00 PM

Private Pool Party:
Fee: $270, max of 75 people
$400, max of 150 people
Rental Times: Fri, Sat 7:30-9:30 PM
Sun 6:30-8:30 PM
Add the Wibit (inflatable play structure) $100

SPECIAL EVENTS:

Toddler Splash Time — NEW
8:00-10:00 AM
Mondays and Wednesdays the month of June.
Starts June 6, ends June 29.
Only the Baby Pool will be open.
Regular admission rates apply.

Swim Meet
June 17 • 3:00-10:00 PM
Come support your Grapevine Gators!
Pool closes at 3pm to prepare for swim meet.

Doggie Dive-In
Sept 10 • 10:00 AM-2:00 PM
$5 per dog, 2 dogs per person max
The pool has gone to the dogs!

POOL PARTIES
To book your next party, please call 817.410.3455

LEARN-TO-SWIM PROGRAM

Observation Policy
To ensure your child success and limit distractions, parents and visitors are required to stay in the designated seating area.

Cancellation and Transfer Policy
Due to the high demand for roster spots and scheduling issues, any cancellations or transfers not initiated by Grapevine Aquatics or an instructor will be assessed an $8 fee. No transfers or cancellations one week before class begins for ALL classes.

Weather Policy
Pool will be cleared for inclement weather. If 20 minutes of class has been completed, then class counts as completed; if less than 20 minutes then a prorated refund will be issued for class.

Swim Lesson Wait List
If the class is full; please ask to be added to the wait list. There is no fee for waitlist registrations. We will contact you if a spot opens up in the class.

LEARN TO SWIM OFFICE: 817.410.3461

TYPE OF CLASSES:

Saturday Swim Lessons will be held at The REC Aquatic Center (info on pg. 14).

Group Lessons
Resident: $45 • Non Resident: $55
Class info: Course descriptions below are skills a participant must master prior to the end of a session to receive certification for that level. In order for class to "make "a minimum of four participants are required.
Min: 4 Max: 6 1:6 max ratio

Semi-Private Lessons
Resident: $70 • Non Resident: $85
Member: $70 • Non-Member: $85
Semi- Private Lessons: Smaller class size will allow your child to progress at a faster pace and get more individual attention. In order for class to "make "a minimum of two participants are required.
Min: 2 Max: 3 1:3 max ratio

Private Lessons
Resident: $100 • Non Resident: $120
Private Lessons: Receive one-on-one attention to enhance instruction of swimming skills for your child. Private lessons are held at the pools during regular lesson times. 4 classes total.
1 student and 1 instructor

Water Babies
Ages: 0-35 months
Resident: $25 • $35 Non Resident: $35
Introduces infants, toddlers and their parents to basic water adjustment and safety through play. Playful learning has been proven to produce positive experiences. Parent accompanies child in to the water.
• Bubbles and going under
• Parent holding positions
• Floats ,kicks and arm strokes

Water Tots (semi private only)
Ages: 18-35 months
This class is designed for children already comfortable in the water, ready to transition to a class, and accustomed to being away from parents for at least 30 minutes. Parents are not permitted to accompany child to class or in the water. Offered as a Semi Private Lesson only.
• Water adjustment
• Submerge face
• Floats, kicks and arm strokes

Water Bugs 1
Ages: 3-4 years
All skills are done with support.
• Water adjustment
• Fully submerge face
• Floats and kicks
• Bubbles

Water Bugs 2
Ages: 3-4 years
Children are encouraged to work independently.
• Breath control
• Flutter kick
• Glides
• Push off side and swim

LEARN TO SWIM
FREE Level Placement Testing

Apr 9 and May 7 at The REC • 9:00-11:00 AM
Our staff will evaluate your child and assist you with registration

Tadpole (Level 1) Intro to Swim Skills
Ages: 4+
- Swim front crawl 5 feet
- Front glide 5 feet
- Back glide 5 feet
- Front float 5 seconds

Guppy (Level 2) Basic Swim Skills
Ages: 5+
- Front glide 10 feet
- Back glide 10 feet
- Back float 10 seconds
- Swim front crawl 10 feet

Minnow (Level 3) Intermediate Swim Skills
Ages: 6+
- Front crawl 15 yards with side breathing
- Backstroke 15 yards
- Elem. Backstroke kick 15 yards
- Breaststroke kick 15 yards

Dolphin (Level 4) Advanced Swim Skills
Ages: 7+
- Freestyle 25 yards
- Backstroke 15 yards
- Breaststroke 15 yards
- Butterfly 15 yards

Whale (Level 5) Enhanced Swim Skills
Ages: 8+
- Freestyle 50 yards (2 laps)
- Backstroke 50 yards
- Breaststroke 25 yards
- Butterfly 25 yards

Shark (Level 6) Expert Swim Skills
Ages: 9+
- Freestyle 100 yards with flip turn
- Backstroke 50 yards with flip turn
- Breaststroke 50 yards
- Butterfly 50 yards

Diving (semi private only)
An introduction to formal diving. We will start with beginning fundamentals of a knee dive and work up to a spring board dive from the diving board. We will continue with skills such as pike and tuck dives. This class is only offered at Dove Waterpark due to depth requirements and use of springboard diving board.

JR. Guard
Ages 10+
Designed to introduce lifeguarding skills and knowledge to advanced swimmers. Participants will be using lifeguard equipment, practicing CPR skills and mock scenarios to prepare for a future in lifeguarding and will receive a student workbook. Please bring a pen, towel and goggles. **Females must wear a one piece swimsuit.**

This is NOT a lifeguard certification class.

Prerequisite:
100 freestyle
100 breaststroke
Fee: $70 Residents • $85 Non-Residents
Jr. Guard is offered at both pools. Refer to class schedule for times and dates.

Mermaid Swim School
Ages 8+
An underwater swimming adventure! Learn magical mermaid swimming skills. Be part of that world!

Note: Fins fit shoe size 11 youth to 8 women's
You may bring your own tail or use one of ours.
*Mermaid tails and fins are not allowed in the pool during open swim. Class offered at Pleasant Glade only.

Prerequisite:
25 freestyle and 25 breaststroke without stopping
Fee: $70 Residents • $85 Non-Residents

DOVE WATERPARK

	Jun 6-9	Jun 13-16	Jun 20-23	Jun27-30	Jul 11-14	Jul 18-21	Jul 25-28	Aug 1-4	Aug 8-11	Aug 15-18
Water Babies	5:35 PM	5:35 PM	5:35 PM	5:35 PM	5:35 PM	5:35 PM	5:35 PM	5:35 PM		
	510535-1A	510535-1B	510535-2A	510535-2B	510535-3A	510535-3B	510535-4A	510535-4B		
			6:45 PM	6:45 PM	6:45 PM	6:45 PM	6:45 PM	6:45 PM	6:10 PM	6:10 PM
			510645-2A	510645-2B	510645-3A	510645-3B	510645-4A	510645-4B	510610-5A	510645-5B

Water Babies (Mom, Dad and Me) • 1 week Mon-Thu • Parent required in pool with child

LEVEL	Jun 6-16 Session 11		Jun 20-30 Session 12		Jul 11-21 Session 13		Jul 25 - Aug 4 Session 14		Aug 8-18 Session 15	
Semi Private Water Tots	9:00 AM	518900	9:00 AM	518900	9:35 AM	518935	9:00 AM	518900	5:35 PM	518535
	10:10 AM	518101	9:35 AM	518935	5:35 PM	518535	5:00 PM	518500	6:10 PM	518610
	5:00 PM	518500	5:00 PM	518500	6:10 PM	518610	5:35 PM	518535		
	5:35 PM	518535	5:35 PM	518535			6:10 PM	518610		
	6:10 PM	518610	6:10 PM	518610						
Semi Private Preschool Water Bugs	9:00 AM	519900	9:00 AM	519900	9:00 AM	519900	9:00 AM	519900	5:35 PM	519535
	10:10 AM	519101	10:10 AM	519101	10:10 AM	519101	5:00 PM	519500	6:10 PM	519610
	5:00 PM	519500	5:00 PM	519500	5:00 PM	519500	5:35 PM	519535	6:45 PM	519645
	5:35 PM	519535	5:35 PM	519535	6:10 PM	519610	6:10 PM	519610		
	6:45 PM	519645	6:45 PM	519645						
Semi Private Level 1 Tadpole	9:00 AM	511900	9:00 AM	511900	10:10 AM	511101	9:35 AM	511935	5:00 PM	511500
	9:35 AM	511935	9:35 AM	511935	5:00 PM	511500	5:00 PM	511500	6:10 PM	511610
	5:00 PM	511500	5:00 PM	511500	5:35 PM	511535	6:10 PM	511610	6:45 PM	511645
	6:10 PM	511610	5:35 PM	511535	6:45 PM	511645				
	6:45 PM	511645	6:45 PM	511645						
Semi Private Level 2 Guppy	9:00 AM	512900	9:00 AM	512900	10:10 AM	512101	9:00 AM	512900	5:00 PM	512500
	10:10 AM	512101	9:35 AM	512935	5:35 PM	512535	6:45 PM	512645	5:35 PM	512535
	5:35 PM	512535	5:35 PM	512535	6:45 PM	512645			6:45 PM	512645
	6:45 PM	512645	6:45 PM	512645						
Semi Private Level 3 Minnow	9:00 AM	513900	9:00 AM	513900	9:00 AM	513900	11:10 AM	513110	5:00 PM	513500
	5:00 PM	513500	5:00 PM	513500	5:35 PM	513535	5:00 PM	513500	5:35 PM	513535
	6:10 PM	513610	6:10 PM	513610	6:10 PM	513610	6:45 PM	513645	6:10 PM	513610
Semi Private Level 4 Dolphin	9:35 AM	514935	9:35 AM	514935	9:35 AM	514935	5:35PM	514535	5:00 PM	514500
	5:35 PM	514535	5:35 PM	514535	5:00 PM	514500			6:45 PM	514645
	6:10 PM	514610			6:10 PM	514610				
Semi Private Level 5 Whale	9:00 PM	515900	6:45 PM	515645	10:10 AM	515101	6:10 PM	515610	6:45 PM	515645
	06:10 PM	515610			5:00 PM	515500				
Semi Private Level 6 Shark	10:10 AM	516101	6:10 PM	516610	9:35 AM	516935	5:00 PM	516500	5:35 PM	516535
	6:10 PM	516610			6:10 PM	516645	6:45 PM	516645		

DOVE WATERPARK

Level	Jun 6-16 Session 11	Jun 20-30 Session 12	Jul 11-21 Session 13	Jul 25 - Aug 4 Session 14	Aug 8-18 Session 15
Preschool Water Bugs 1	9:35 AM 519093 6:10 PM 519061	9:35 AM 519093 6:10 PM 519061	6:45 PM 519064	6:45 PM 519064	
Preschool Water Bugs 2	9:35 AM 508093 5:35 PM 508053	5:00 PM 508050	9:35 AM 508093 6:10 PM 508061	5:35 PM 508053	5:35 PM 508535
Level 1 Tadpole	10:10 AM 511010 6:10 PM 511061	10:10 AM 511010 6:45 PM 511064	9:00 AM 511090 6:10 PM 511061	6:45 PM 511064	6:45 PM 511064
Level 2 Guppy	10:10 AM 512010 5:00 PM 512050	10:10 AM 512010 6:10 PM 512061	9:35 AM 512093 5:00 PM 512050	9:35 AM 512093 6:10 PM 512061	5:00 PM 512050
Level 3 Minnow	9:35 AM 513093 5:00 PM 513050	9:35 AM 513093 5:00 PM 513050	10:10 AM 513010 5:00 PM 513050	6:45 PM 513064	
Level 4 Dolphin	10:10 AM 514010	10:10 AM 514010	5:35 PM 514053	9:00 AM 514090 6:10 PM 514061	
Level 5 Whale			9:00 AM 515090 5:35 PM 515053		
Level 6 Shark			5:00 PM 516050	10:10 AM 516010 6:10 PM 516061	
Diving		6:10 PM 538061		5:35 PM 538053	
Jr Guard			9:35 AM 522000		6:10 PM 522700

PRIVATE LESSONS
Dove Waterpark

Monday -Thursday for 1 week.

30 minutes of one-on-one attention each day. We offer private lessons for all levels and ages.

Registration:
To register please call the Learn to Swim Office at 817.410.3461

Time	Code
9:00 AM	501900
9:35 AM	501935
10:10 AM	501101
5:00 PM	501500
5:35 PM	501535
6:10 PM	501610
6:45 PM	501645

Date	Session
6/6-6/9	1A
6/13-6/16	1B
6/20-6/23	2A
6/27-6/30	2B
7/11-7/14	3A
7/18-7/21	3B
7/25-7/28	4A
8/1-8/4	4B
8/8-8/11	5A
8/15-8/18	5B

PLEASANT GLADE POOL

Water Babies	Jun 6-9	Jun 13-16	Jun 20-23	Jun27-30	Jul 11-14	Jul 18-21	Jul 25-28	Aug 1-4	Aug 8-11	Aug 15-18
	5:35 PM	5:35 PM	6:10 PM	6:10 PM	5:35 PM	5:35 PM	6:10 PM	6:10 PM		
	520535-1A	520535-1B	520610-2A	520610-2B	520535-3A	520535-3B	520610-4A	520610-4B		

Water Babies (Mom, Dad and Me) • 1 week Mon-Thu • Parent required in pool with child

LEVEL	Jun 6-16 Session 11		Jun 20-30 Session 12		Jul 11-21 Session 13		Jul 25 - Aug 4 Session 14		Aug 8-18 Session 15	
Semi Private Water Tots	10:00 AM	528100	10:00 AM	528100	10:00AM	528100	11:10 AM	528111	5:35 PM	528535
	5:00 PM	528500	5:00 PM	528500	5:00 PM	528500	5:00 PM	528500	6:45 PM	528645
	5:35 PM	528535	6:45 PM	528645	5:35 PM	528535	6:10 PM	528610		
	6:45 PM	528645			6:45 PM	528645				
Semi Private Preschool Water Bugs	10:00 AM	529100	10:00 AM	529100	10:35 AM	529103	10:00 AM	529100	5:00 PM	529500
	5:35 PM	529535	5:35 PM	529535	5:35 PM	529535	5:35 PM	529535	6:45 PM	529645
	6:10 PM	529610	6:10 PM	529610	6:10 PM	529610	6:45 PM	529645		
	6:45 PM	529645	6:45 PM	529645	6:45 PM	529645				
Semi Private Level 1 Tadpole	10:00 AM	521100	10:35 AM	521103	10:00 AM	521100	10:00 AM	521100	5:00 PM	521500
	11:10 AM	521110	11:10 AM	521110	11:10 AM	521110	5:00 PM	521500	5:35 PM	521535
	5:00 PM	521500	5:00 PM	521500	5:00 PM	521500	6:10 PM	521610	6:10 PM	521610
	6:10 PM	521610	5:35 PM	521535	6:10 PM	521610				
			6:10 PM	521610						
Semi Private Level 2 Guppy	10:35 AM	522103	10:35 AM	522103	10:00 AM	522100	6:10 PM	522610	5:00 PM	522500
	5:00 PM	522500	5:00 PM	522500	5:00 PM	522500	6:45 PM	522645	5:35 PM	522535
	6:10 PM	522610	6:10 PM	522610	6:10 PM	522610			6:10 PM	522610
	6:45 PM	522645	6:45 PM	522645	6:45 PM	522645				
Semi Private Level 3 Minnow	10:35 AM	523103	10:35 AM	523103	10:35 AM	523103	10:35 AM	523103	5:00 PM	523500
	11:10 AM	523110	11:10 AM	523110	11:10 AM	523110	6:10 PM	523610	5:35 PM	523535
	5:00 PM	523500	5:00 PM	523500	5:00 PM	523500	6:45 PM	523645		
Semi Private Level 4 Dolphin	11:10 AM	524110	11:10 AM	524110	11:10 AM	524110	10:35 AM	524103	6:10 PM	524610
	5:35 PM	524535	5:35 PM	524535	5:00 PM	524500	5:35 PM	524535		
	6:45 PM	524645	6:45 PM	524645	6:45 PM	524645	6:10 PM	524610		
Semi Private Level 5 Whale	10:00 AM	525100	10:00 AM	525100	10:00 AM	525100	10:00 AM	525100	6:45 PM	525645
	5:00 PM	525500	5:00 PM	525500	6:45 PM	525645	5:35 PM	525535		
Semi Private Level 6 Shark	10:00 AM	526100	10:00 AM	526100	10:00 AM	526100	11:10 AM	526110	6:10 PM	526610
	6:45 PM	536645			5:35 PM	526535	6:45 PM	526645		

PLEASANT GLADE POOL

Level	Jun 6-16 Session 11		Jun 20-30 Session 12		Jul 11-21 Session 13		Jul 25 - Aug 4 Session 14		Aug 8-18 Session 15	
Preschool Water Bugs 1	10:35 AM 5:35 PM	529010 529053	10:35 AM 5:35 PM	529010 529053	10:35 AM 5:35 PM	529010 529053				
Preschool Water Bugs 2	11:10 AM 6:45 PM	528011 528064	11:10 AM 6:45 PM	528011 528064	11:10 AM 6:45 PM	528011 528064	10:35 AM 5:35 PM	528010 528053	6:10 PM	528061
Level 1 Tadpole	10:35 AM 6:10 PM	521010 521061	10:35 AM 6:45 PM	521010 521064	11:10 AM 6:10 PM	521011 521061	10:35 AM 5:35 PM	521010 521053	6:45 PM	521064
Level 2 Guppy	11:10 AM 5:35 PM	522011 522053	11:10 AM 6:10 PM	522011 522061	10:35 AM 5:35 PM	522013 522053	11:10 AM 6:45 PM	522011 522064	5:35 PM	522053
Level 3 Minnow	10:35 AM 5:35 PM	523010 523053	10:35 AM 5:35 PM	523010 523053	10:35 AM 5:35 PM	523010 523053	11:10 AM 6:45 PM	523011 523064	6:45 PM	523064
Level 4 Dolphin			6:45 PM	524064	6:45 PM	524064	6:10 PM	524061		
Level 5 Whale					5:35 PM	525053	5:00 PM	525050		
Level 6 Shark					6:45 PM	526064	5:35 PM	526053		
Jr Guard	6:10 PM	534610	6:10 PM	534610	6:10 PM	534610				
Mermaid Swim School	6:10 PM	527610	6:45 PM	527645	6:10 PM	527610	6:10 PM	527610	6:45 PM	527645

PRIVATE LESSONS
Pleasant Glade Pool

Monday -Thursday for 1 week.

30 minutes of one-on-one attention each day. We offer private lessons for all levels and ages.

Registration:
To register please call
The Learn to Swim Office at 817.410.3461

Time	Code
10:00 AM	502110
10:35 AM	502113
11:10 AM	502011
5:00 PM	502500
5:35 PM	502535
6:10 PM	502610
6:45 PM	502645

Date	Session
6/6-6/9	1A
6/13-6/16	1B
6/20-6/23	2A
6/27-6/30	2B
7/11-7/14	3A
7/18-7/21	3B
7/25-7/28	4A
8/1-8/4	4B
8/8-8/11	5A
8/15-8/18	5B

Grapevine Gators Summer Swim Team

The City's summer league team is the perfect opportunity for kids and adults to get in shape, have fun and try out competitive swimming. Swimmers have the opportunity to compete in four local meets, a regional qualifier meet and possibly qualify for the State meet which will be held in McAllen, Jul 28-31. Practices are held Monday-Friday at Pleasant Glade Pool. Registration will open Feb 1st for Residents, Apr 1st for Non-Residents.

For more information: grapevinegators.com

Ages: 6+ (adults too!)
Parent Meeting: May 23 • 5:30 PM • Pleasant Glade Pool

Practice Times:
May 23-Jun 3:
5:30-6:30pm (10 & under)
6:30-8:00pm (11-14 yrs old)
6:30-8:30pm (15 yrs & over)

Jun 6–Jul 27:
7-8:50am (13 yrs & over)
7-8:30am (11-12 yrs old)
8:50-9:40am (9-10 yrs old)
8:50-9:40am (8 yrs & under)

GRAPEVINE SWIM MEET
June 17
3:00-10:00 PM

Class Code: 540000-10
Fee: Residents $145 • Non Residents $155

THE REC OF GRAPEVINE
RECREATION | EDUCATION | COMMUNITY

FITNESS

Personal Training
Whether you're new to exercising or have been at it for years, hiring a certified personal trainer may put you on the proper path to attaining your individual fitness goals.

The REC of Grapevine Trainers are committed to:
• Providing accountability & motivation
• Providing expertise and client education
• Teaching proper form and execution of each movement
• Listening to and understanding your needs
• Helping you HAVE FUN and feeling great!

If you're ready to schedule an appointment, or just have questions, feel free to contact Carlos Flores, Fitness Coordinator. He can help find the trainer that best matches your needs, wants & schedule.

To schedule your appointment with a personal trainer, contact Carlos Flores at cflores@grapevinetexas.gov or 817.410.3456.

½ Hour Sessions- $35
½ Hour Semi-Private Sessions- $50 (price based on two people)

Personal Training Packages
Five, 30-minute sessions for $170 (save $5)
Ten, 30-minute sessions for $330 (save $20)
Fifteen, 30-minute sessions for $465 (save $60)
Twenty, 30-minute sessions for $600 (save $100)

Five, 30-minute semi-private sessions for $245 (save $5)
Ten, 30-minute semi-private sessions for $480 (save $20)
Fifteen, 30-minute semi-private sessions for $675 (save $75)
Twenty, 30-minute semi-private sessions for $860 (save $140)

Larry Coleman, CI-MPTR – Sports and fitness have always been a passion for Larry, a former collegiate basketball player from Howard Payne University. Larry received his personal training certification from the Cooper Institute of Dallas in 2007 and started his fitness company COLEMAN COMPLETE FITNESS. He furthered his education by receiving his Master Personal Training certification in 2010 and receiving certifications in Dietary Guidance and Weight Management Leadership. Larry describes his personal training style as providing intense, effective workouts while keeping things fresh, new and fun. He tailors his programs to fit the needs and abilities of each individual client, from the young to the young at heart. For Larry, God and family come first and he considers his clients as part of his family.

Kim Davis, BS Biology & Chemistry, M.Sc. Sports Management; CI-CPT; 7th Dan Taekwondo, 5th Dan Hapkido, Black Sash Senkotaris Arnis
Kim enjoys working with people of all ages to help them achieve their goals and gain benefits of a healthier lifestyle. Her fitness plans/prescriptions are scalable to meet the needs of the individual client through private or semi-private lessons. Kim's experience from over 30 years of martial arts training as a competitor and instructor is integrated with her personal fitness knowledge from the Cooper Institute as well as the American College of Sports Medicine to design fitness programs for clients of all ages.

Neal Smith, CPT – Neal is a graduate from Oklahoma State University and holds a degree in Health Promotion and is a certified Personal Trainer through the American College of Sports Medicine. While pursuing his degree at Oklahoma State, he ran cross country and track specializing in long distance. Neal believes that utilizing a personal trainer to reach your fitness-related goals will give you the positive momentum to make changes in all aspects of your life.

Michelle Brooks, CPT – Michelle's intense focus on the goal at hand is one of the many reasons she has been successful in training. She is certified by the National Academy of Sports Medicine in Personal Training and Optimum Performance Training for Weight Management. Michelle is also certified through the Cooper Institute in Biomechanics of Resistance Training and Indoor Cycling, as well as a certified TRX group suspension instructor. She was certified to train in Muay Thai Boxing in 1991. Michelle is constantly striving to learn more about health and fitness and its positive effects on the body. This mother of two has competed in several races including a 50K Ultra Run and a grueling 24 hour Adventure Race. Racing has helped her to gain more knowledge on how the body responds to prolonged activity. Michelle's discipline, focus and determination will be evident the first time you meet her.

FITNESS

Insanity

From the DVDs to The REC!! The revolutionary, cardio-based, total body-conditioning program is here! This calorie torching, shirt soaking workout is based on the principals of MAX Interval Training. You'll be ripping through the most heart-pumping, muscle shredding, sweat dripping, high-intensity cardio workout ever. It is designed to provide you a safe, challenging and results driven workout with no equipment necessary. Each move has a modification which makes this workout for anyone at any fitness level! Find out what you're really made of.

Location: The REC • **Ages:** 16+
Fee (monthly): $28 Mem / $38 Non-mem
Instructor: Casey Walker, 2015 Beachbody Challenge Winner

Tue, Thu	706310	9:45-10:30 AM

CSF — NEW

Core, Strength& Flexibility will be improved using balance balls, resistance bands, dumbbells, and other equipment. Each exercise can be modified to match individual ability so as to gradually challenge beginner through advanced levels. Group Exercise class provides a fun experience where classmates provide encouragement! Kim was a high school and college athlete, and, post college, competed in Taekwondo for 12 years. She applies learning from continuous education from The Cooper Institute™ and ACSM to classes.

Location: The REC • **Ages:** 13+
Fee (monthly): $40 Mem / $50 Non-mem
Instructor: Grand Master Kim Davis

Tue, Thu	706243	8:15-9:00 AM

Mash-Up Boot Camp — NEW

Dynamic exercises will be used to work the entire body that will involve stretching, strength, and cardio training in each session. Each exercise can be modified to match individual ability. The mixture of exercise will vary to keep your body guessing and make the sessions fun. Kim was a high school and college athlete, and, post college, competed in Taekwondo for 12 years. She applies learning from continuous education from The Cooper Institute™ and ACSM to classes. Clients are encouraged to bring a towel & water bottle.

Location: The REC • **Ages:** 12+
Fee (monthly): $65 Mem / $75 Non-mem
Instructor: Grand Master Kim Davis

Mon, Wed, Fri	706133	7:00-7:45 AM

Teen Dance Fitness — NEW

Get fit, have fun, and learn cool new dance moves! Our fitness experts and dance choreographers came together to create an awesome 45 minute combo of cardio, cool dance moves, flexibility, and core strength. Join our Krew for a healthier, fitter, better you. Teen Dance..fun, fit, fab! Each class includes step by step instructions from an exercise professional. Our Dance Workout combines hot dance moves like hip hop and funky salsa with a fun mix of yoga and toning exercises.

Location: The REC • **Ages:** 14-17
Fee (monthly): $50 Mem / $60 Non-mem
Instructor: Missy Hill
Phone: 817.269.6477
Note: Class is held in June and July only

Tue, Thu	706206	12:00-12:45 PM

Pizazz Moves — NEW

Pizazz Moves will teach you how to Move, Groove and Improve, so you can Breathe, Live and Flow. We will do any and everything from Cardio, Strength, Interval, Balance and Stretching. No class will ever be the same. The only thing that remains the same is that it will be FUN, EFFECTIVE and SAFE. Proper form and doing movements correctly are extremely important and will be emphasized greatly.

You will: HAVE FUN, FEEL FIERCE, & BE FASCINATING. Pizazz Moves promises to put a smile on your face and a zip in your pace. Renee brings 24 years of experience to becoming the newest addition to our REC team of amazing Fitness Instructors! Have questions for Renee? She welcomes you to call or email her anytime!

Location: The REC • **Ages:** 13+
Fee (monthly): $40 Mem / $50 Non-mem
Instructor: Renee DiDonato Errett
Phone: 724-875-7641
Email: Renee@PizazzMoves.com
Website: PizazzMoves.com

Tue, Thu	706220	8:00-9:00 AM

Kettlebell 101

Kettlebell 101 is a strength and movement course designed to teach students the benefits kettlebell training has to offer. From rehab and corrective care, to strength and performance training, kettlebells have been widely used in both clinical and fitness settings helping people move well, move more, and move pain free! Who is This Class For? This class is great for any fitness level. It is one of the many benefits of training with a kettlebell. The skills are always consistent, but the load, volume of work, and intensity can all change based on the goals, needs, and experience of the student all while working out in the same class side by side.

Location: The REC • **Ages:** 13+
Fee (monthly): $199
Instructor: Moulton Kettlebell Club
Email: Info@MoultonKettlebellClub.com

Wed, Fri	706320	6:00-7:00 AM

Personal Touch

Personal Touch is a program designed by Jazzercise to carry your fitness needs one step further. Personal Touch is an extended program to build muscle tone, strong bones and healthier eating habits. Each class concentrates on muscle building, nutrition and proper strength training techniques to help you lose inches and pounds. No aerobics involved. Open to non-jazzercise students. For more information, please contact Missy at 817.269.6477.

Location: The REC • **Ages:** 16+
Fee (monthly): $40 Mem / $50 Non-mem
Instructor: Missy Hill
Email: grapevinejazz@verizon.net

Wed	706218	7:00-7:50 PM

Zumba® with Samantha

Take the "work" out of your workout! Zumba® fitness started the dance fitness party revolution that changed the way "workouts" look and feel forever! It's fun, effective and best of all it's designed for everybody and every...body. What will you get in Zumba® with Samantha? A total calorie burning workout, combining cardio, muscle conditioning and toning, balance and coordination, flexibility and boosted energy! Once the Latin and World rhythms move you, you'll see why Zumba® fitness classes are often called "exercise in disguise". So what are you waiting for? Ditch the workout and join the party!

Location: The REC • **Ages:** 16+
Fee (monthly): $37 Mem / $47 Non-mem
Instructor: Samantha Olson
Website: samanthaolson.zumba.com

Mon	706601	7:15-8:15 PM
Wed	706606	7:00-8:00 PM
Sat	706706	10:15-11:15 AM
Tue, Thu	706604	9:00-10:00 AM

Get Fit LIVE!

Come join us for a GREAT overall workout! We will incorporate aerobic cardio and bodywork combos that are both fun AND challenging. We can start right where you are, but we will take you to where you want to be!

Location: The REC • **Ages:** 16+
Fee (monthly): $35 Mem / $45 Non-mem (2x wk) or $50 Mem / $60 Non-mem (3x wk)
Instructor: Patrece Coblentz, ACSM

Mon, Wed, Fri	706205	8:30-9:15 AM

Gladiator Fitness Camps

Camp Gladiator is an adult fitness camp that promises an intense, motivating and challenging environment where men and women of all ages and fitness levels can push themselves. Participants may attend ANY and ALL times for one low price. For more information and to register, visit campgladiator.com

GroupX

From free-style with free weights to Tabata and HIIT, GroupX mixes hard work and fun with a sense of community as you start where you are, getting fit and staying fit.

Location: The REC • **Ages:** 15+
Fee (monthly): $20 Mem / $30 Non-mem (4x mo), $40 Mem / $50 Non-mem (8x mo) or $20 Mem / $30 Non-mem (Sat only)
Instructor: Patrece Coblentz, ACSM

Mon, Thu	706255	6:00-6:50 PM
Sat	706256	9:00-10:00 AM

Jazzercise® Dance Fitness

You want that look good, feel great, got-my-stride-on-and-you-love-it confidence? That's where we come in. Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. It's a calorie-torching, hip-swiveling, Shakira'd-be-proud dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Incinerate up to 800cph (that's calories per hour) in one 60 minute class. Expect to feel results after 3 classes and expect to stick with it. Why? Because it works. So stop working out. Start working it...with Jazzercise®. For more info, please contact Missy at 817.269.6477.

Days / Time:

Mon, Wed	8:10 AM	9:15 AM	4:30 PM	6:00 PM
Tue, Thu		9:15 AM	6:00 PM	7:00 PM
Fri	8:10 AM	9:15 AM	4:30 PM	
Sat	8:10 AM	9:15 AM		

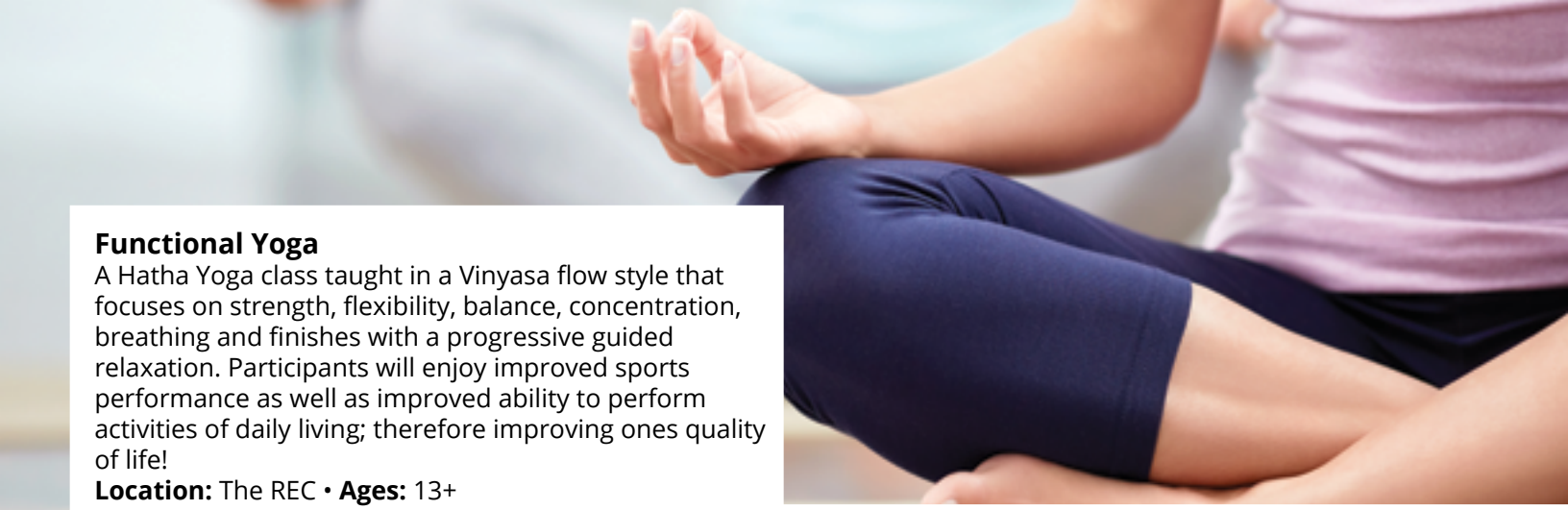
Fees:
12 month contract: $46/month • $40 Joining Fee
6 month contract: $56/month • $50 Joining Fee

Performance Cycling

Ride a different world-famous cycling course each session. Train to Race; drop your buddies on group rides; or lose weight accidentally while having fun in the comfort and safety of The REC. Bring your own bike and attach it to our electronic trainers and computer. The classes are designed to improve your fitness and road bike handling. All riding abilities from beginner to Pro-Racer will enjoy this class.

Location: The REC • **Ages:** 10+
Fee (4 sessions): $60 Mem / $70 Non-mem
Instructor: Clarence Muller-USA Cycling Certified Coach
Phone: 817.714.9620
Note: Under age 10 will want to discuss with Instructor
Supplies: Road or Mountain Bicycle. Computer controlled Electronic Trainers provided by Instructor.

Tue, Thu	706333	7:00-8:00 PM



Functional Yoga
A Hatha Yoga class taught in a Vinyasa flow style that focuses on strength, flexibility, balance, concentration, breathing and finishes with a progressive guided relaxation. Participants will enjoy improved sports performance as well as improved ability to perform activities of daily living; therefore improving ones quality of life!
Location: The REC • **Ages:** 13+
Fee (monthly): $35 Mem / $45 Non-mem (2x wk) or $25 Mem / $35 Non-mem (Sat only)
Instructor: Mary Cunningham, B.S., ASCM
Note: The Saturday morning class is a full hour of Yoga with a 15 minute progressive guided relaxation.

Mon, Wed	706807	5:30-6:30 PM
Sat	706804	9:00-10:15 AM

Happy Movements Therapeutic Yoga
Discover the power of going back to the basics as you move, breathe, and meditate to music. Join us for this slow-paced class that combines yoga with therapeutic exercises and progresses from week to week. Perfect for those new to yoga or someone looking for a less intense class. Visit HappyMovements.com for more information.
Location: The REC • **Ages:** 18+
Fee (monthly): $40 Mem / $50 Non-mem
Instructor: Natasha Carter, LAT, ATC, PYT-C
Note: Class will not be offered during the month of June

Tue	706303	6:15-7:15 PM

Yoga Flow Basics
Each month will start by teaching basic alignment & form of selected poses, breath work & meditation. As we progress through the month, we will add poses and create a flow using these poses & synchronizing them with the breath. We will use warm up poses that allow you to stretch deeper & cool down poses that release the muscles and allow a deep relaxation in Savasana at the end of class. We start a new flow of poses each month. Yoga will not only build strength, flexibility & relaxation but is healing to the body & mind as well. No experience necessary, class is designed to give options for all levels. Drop-ins welcome.
Location: The REC • **Ages:** 16+
Fee (monthly): $50 Mem / $60 Non-mem

Tue, Thu	706809	8:30-9:30 AM

Fee (monthly): $25 Mem / $35 Non-mem

Thu	706810	6:45-7:45 PM

Instructor: Lynne Clem
Email: Lynne@YogaInDFW.com

COLEMAN COMPLETE FITNESS

Coleman Small Group Training
Prices are per person and must be paid, in full. Small group training pricing and scheduling is 3-4 people who will train together.

10 Sessions: $240
15 Sessions: $355
20 Sessions: $470

Coleman Cross Training
This class targets your entire body and is an excellent program for those who want to begin a workout routine or for those who want to be challenged. Larry will use his experience as a Master Fitness Specialist to take you through the latest exercises in the world of fitness, keeping your workouts fresh and your body feeling exhilarated.
Location: The REC • **Ages:** 13+
Fee (monthly): $90 Mem / $100 Non-mem
Instructor: Larry Coleman, CI, MPTR

Mon, Wed, Fri	706222	9:00-9:45 AM

Camp Coleman
Join us for a fitness boot camp unlike any you've experienced. Camp Coleman combines circuit training with cardio, weights, and ab work in one intense workout to help you reach and maintain your fitness goals. Whether your goal is to lose weight, tone, or just become more confident, this program is for you! Classes are fun, energizing, and diverse, and include a free initial and post boot camp assessment.
Location: The REC • **Ages:** 13+
Fee (monthly): $90 Mem / $100 Non-mem
Instructor: Larry Coleman, CI, MPTR

Mon, Wed, Fri	706203	5:45-6:15 AM

WORKOUT WITH WENDY

Pilates I
Anyone can do Pilates and achieve amazing results. Pilates offers an effective method of cross-training that can enhance your performance in sports activities and all other workouts. This class incorporates Pilates mat and floor barre exercises that will strengthen your core muscles and help you tone your body, flatten your abs and increase your flexibility, balance and stamina. Pilates I will revitalize you and transform the way your body looks, feels and performs!
Location: The REC • **Ages:** 13+
Fee (monthly): $22 Mem / $32 Non-mem (4x mo) or $40 Mem / $50 Non-mem (8x mo)
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Mon and/or Thu	706204	5:10-5:40 PM

Pilates II – Strength & Core
Shape & tone your muscles and core: With music pumping, this energizing 30-minute class fuses intermediate Pilates sculpting exercises with upper body strength training. Leave feeling strong and invigorated!
Location: The REC • **Ages:** 13+
Fee (monthly): $22 Mem / $32 Non-mem
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Wed	706403	5:10-5:40 PM

Pilates III – Core & Glutes Sculpt
Strengthen, Sculpt and Reshape your body. This 30-minute class fuses a concentrated sequence of Pilates sculpting exercises and floor barre with advanced lower body exercises. Get ready to be transformed!
Location: The REC • **Ages:** 16+
Fee (monthly): $25 Mem / $35 Non-mem
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Mon	706214	6:45-7:15 PM

Pilates Sculpt Express
Pressed for time? This quick 15-minute sculpting class focuses on strengthening and toning your upper body while engaging your core. Experts say weight-bearing exercise staves off the risk of osteoporosis, boosts your immune system and helps fast-track weight loss. 15 Minute Sculpt Express: Efficient and Effective!
Location: The REC • **Ages:** 13+
Fee (monthly): $20 Mem / $30 Non-mem (8x mo), $10 Mem / $20 Non-mem (4x mo) or
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Mon	706223	5:45-6:00 PM
Thu	706608	5:45-6:00 PM
Mon and Thu	706610	5:45-6:00 PM

PiYo Strength & Stretch
Everyday life can get crazy. PiYo Strength & Stretch is a relaxing combination of Pilates, yoga, floor barre and strength conditioning. Unique poses are incorporated to strengthen your core, help add flexibility to the muscles, improve your balance and overall fitness level. This class is a soothing way to end the day!
Location: The REC • **Ages:** 13+
Fee (monthly): $25 Mem / $35 Non-mem
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Wed	706602	7:00-7:30 PM

CYCLELATES
The perfect blend: Cycling and Pilates. Flatten your abs, increase flexibility and build core strength with Pilates mat exercises + weights. Burn lots of calories, get lean and build cardiovascular strength with indoor cycling. Cyclelates incorporates 25 minutes of Pilates followed by 25 minutes of cycling to challenge all fitness levels. Core and Cardio: Get it all accomplished in just one workout!
Location: The REC • **Ages:** 16+
Fee (monthly): $32 Mem / $42 Non-mem
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Mon	706251	6:45-7:45 PM

Beginner Cycling
If you've always wanted to try an indoor cycling class, this 20-minute beginner class is for you! Beginner Cycling is particularly for those who want a basic introduction to indoor cycling. You'll select your own personal intensity level through body position and bike tension and ride at your own pace. Cycling is an effective, low impact way to build cardiovascular strength, burn calories, de-stress and have fun!
Location: The REC • **Ages:** 13+
Fee (monthly): $16 Mem / $26 Non-mem (4x mo) or $30 Mem / $40 Non-mem (8x mo)
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Mon and/or Thu	706225	6:10-6:30 PM

Cycle Fusion
Take the incredibly effective, calorie-busting workout of cycling and fuse it with total body conditioning to create an amazing cross-training experience!
Location: The REC • **Ages:** 16+
Fee (monthly): $30 Mem / $40 Non-mem
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Wed	706308	6:00-6:50 PM

Saturday Morning Cycling

Rise and shine with this high energy workout to start your weekend! Nothing beats a cycling class for a low-impact, invigorating, calorie-crushing workout. With the lights off, fans blowing and music rockin', this class is the perfect way to get strong and lean and build cardiovascular endurance. Get in, get sweaty and get on with your day!

Location: The REC • **Ages:** 16+
Fee (monthly): $30 Mem / $40 Non-mem
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Sat	706616	8:00-8:50 AM

STAFF **SPOTLIGHT:**

Casey Walker • The REC Insanity Instructor
2015 Beachbody Grand Prize Winner

Casey Walker weighed 275 pounds in September of 2013. He was in and out of the hospital due to an undiagnosed autoimmune condition. Casey was taking multiple medications which made him feel sick and tired all of the time, yet he just couldn't sleep. He recalls one morning, while sitting in his chair watching a Beachbody infomercial, that he'd reached the end of his rope. He wanted to play with his 3 young kids again. He wanted to support his wife and family in the way he knew he could. At that point he realized it was time to get up and get moving.

He started by simply moving in his living room (first in his chair and then progressing to his feet) and within the first 3 months, he'd lost 70 pounds! He says it was mainly his kids that pushed him to get up and get moving.

Casey then realized the importance of putting the right kind of fuel into his body. He went from eating Oreos, pizza and hamburgers to a diet of Shakeology, lean proteins, vegetables and fruit. At that point he said 'the weight just felt like it was falling off'. He lost 118 pounds in all from September 2013 to May 2015.

POUND. Rockout. Workout. ™

POUND™ is the world's first cardio jam session inspired by the infectious and energizing fun of playing the drums! Using lightly weighted 'Ripstix', POUND™ transforms drumming into an incredibly effective full-body workout, combining cardio, conditioning and strength training with yoga and Pilates-inspired movements. Designed for all fitness levels, POUND™ provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out!

Location: The REC • **Ages:** 13+
Fee (monthly): $25 Mem / $35 Non-mem
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Tue	706306	5:30-6:05 PM

Saturday Morning Core Fusion

Jump start your morning with an energizing blend of Pilates and weight training exercises, mixed with a variety of equipment, to strengthen your core and chisel your body. This 30 minute class will keep your workout short and sweet!

Location: The REC • **Ages:** 13+
Fee (monthly): $32 Mem / $42 Non-mem
Instructor: Wendy Dolan
Email: WendyJD1@yahoo.com

Sat	706700	9:00-9:30 AM

Throughout the process, Casey would submit pictures of his transformation to Beachbody's website for the chance to win prizes like money and t-shirts. Next thing he knew, he received a call inviting him to attend the company's conference in Tennessee as one of four male finalists chosen from thousands of entries.

Casey Walker went on to become the 2015 grand prize winner. He says his new lifestyle has led him to a "beautiful" place in his life where it's "all kind of coming together" between his spiritual background and physical transformation.

> "As I've gone through this journey, I've been able to inspire other people that there's **hope.**"

"You can get off the couch," Walker added. "This doesn't have to be your existence. It's so much more than muscles."

Casey is now the Insanity Instructor at The REC of Grapevine, as well as a Beachbody coach. He currently teaches Insanity classes on Tuesday/Thursday mornings from 9:45-10:45 AM. See pg. 25 for more info.

MARTIAL ARTS

Tae Kwon Do / Hapkido

Grand Master Kim Davis is the founder of Freedom Martial Arts Academy with over 30 years of martial arts experience. She is a 7th Dan Taekwondo, 5th Dan Hapkido, and Black Sash in Senkotiros Arnis. In addition, GM Davis is a 1st Class WTF International Referee and was a 1993 USTU National gold medalist in both sparring and forms.
Supply Fee: Belt test and equipment available upon request from instructor.

Youth Tae Kwon Do

Tae Kwon Do, a Korean martial art, is for all ages and fun for the entire family. Improve flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. Youth students learn & practice side by side with adult class students to see what is possible as they gain confidence.
Location: The REC • **Ages:** 6-11
Fee (monthly): $50 Mem / $60 Non-mem (individual) or $120 Mem / $130 Non-mem (family of 3+)
Instructor: GM Kim Davis, 7th DAN

Mon, Thu	706800 (ind)	7:00-8:00 PM
Mon, Thu	706802 (family)	7:00-8:00 PM

Adult Tae Kwon Do / Hapkido

Tae Kwon Do/Hapkido, Korean martial arts, are for all ages and fun for the entire family [Hapkido lower age limit = 12yrs]. Improve flexibility, concentration, general conditioning, hand/eye coordination, balance, selfdiscipline, and physical/mental well-being. Students in the advanced class will learn to apply skills in forms, sparring, and self-defense applications. Hapkido adds grappling and some weapons techniques to Tae Kwon Do skills.
Location: The REC • **Ages:** 12+
Fee (monthly): $50 Mem / $60 Non-mem (individual) or $120 Mem / $130 Non-mem (family of 3+)
Instructor: GM Kim Davis, 7th DAN

Mon, Thu	706801 (ind)	7:00-8:30 PM
Mon, Thu	706803 (family)	7:00-8:30 PM

Stick Fighting

Senkotaris arnis (stick fighting) is a Philippine art using 5 basic strikes combined with defense shielding and disarming skills. Training is progressive to match skills to the student's ability. Students are encouraged to continue developing their skills to advance in Senkotaris arnis and/or add to their martial art knowledge. The students will use sticks and dull surfaced practice knives during training classes. Students do not need prior martial art training.
Location: The REC • **Ages:** 12+
Fee (monthly): $40 Mem / $50 Non-mem (individual)
Instructor: GM Kim Davis, 7th DAN
Note: Enroll in Adult Tae Kwon Do (706801) and add Stick fighting for only $30 more per month.

Tue, Wed	706900	7:30-8:30 PM

Legends Karate

Martial arts classes designed specifically for Kids, Teens, and Adults. Our curriculum is designed by 10th degree black belt Grandmaster J Pat Burleson and 7th degree black belt Master Chance Burleson. The curriculum focuses on perfecting martial arts techniques along with a focus on discipline and control.
Location: The REC
Fee (monthly): $55 Mem / $65 Non-mem
Instructor: Legends Martial Arts
Website: legendsmartialarts.com
Phone: 817.285.8484
Notes: $5 discount for each additional family member

Beginner Kids (White to Orange Belts) • **Ages:** 6-11
Tue 706701 5:00-5:45 PM
Add Kali-4Kids to Beginner Student for an additional $30/mo.

Advanced Kids (Green to Black Belts) • **Ages:** 6-11
Tue 706702 5:45-7:30 PM
Add Kali-4Kids to Advanced Student for an additional $30/mo.

Teens and Adults (White to Black Belts) • **Ages:** 12+
Tue 706703 7:30-9:00 PM
Add Kali Combat to Teen/Adult Karate Student for an additional $30/mo.

Lil' Legends Pre-K Karate

Martial arts classes designed for 3, 4 and 5 year olds. Our curriculum is designed by a black belt with a Master's Degree in Occupational Therapy for Pre-K aged children. Participants must test out of the first class to make it to the "advanced" class, which focuses on perfecting martial arts techniques.
Location: The REC
Fee (monthly): $55 Mem / $65 Non-mem
Instructor: Legends Martial Arts
Website: legendsmartialarts.com
Phone: 817.285.8484
Note: $5 discount for each additional family member.

Beginner (White to Orange Belts) • **Ages:** 3-5
Tue 706704 5:15-6:00 PM

Advanced (Green to Black Belts) • **Ages:** 3-5
Tue 706705 5:45-6:45 PM

Kali

Kali is a system rooted deep in the history of the indigenous cultural art of the Philippines, and designed to disguise the practical application of the combative art Pekiti Tirsia.
Location: The REC
Fee (monthly): $55 Mem / $65 Non-mem
Instructor: Legends Martial Arts
Website: legendsmartialarts.com
Phone: 817.285.8484
Note: $5 discount for each additional family member.

Kali-4-Kids

Kali-4-Kids is Kali that teaches effective empty hand self-defense, combative stick fighting, leadership, motor skills and muscle memory, immensely improved hand eye coordination, goal setting and overcoming challenges.
Ages: 6-12

Mon 706713 5:00-6:00 PM

Kali Combat

Kali Combat teaches Kali that focuses on the knife, single stick, double stick, and empty hand. You will learn effective self-defense, hand eye coordination, motor skills, muscle memory, fitness, and self-discipline.
Ages: 13+

Mon 706714 6:00-7:00 PM

Dragon Wing Chun Kung Fu

Dragon James Fell has practiced martial arts for over 45 years starting with Japanese Martial Arts in 1967 focused on Shotokan Karate and later with Chinese Martial Arts focused on Wing Chun Kung Fu. Familiar with various martial arts styles and street self-defense techniques, James devotes his time to helping people of all ages by sharing his self-defense knowledge and the art of Wing Chun Kung Fu. He currently has a rank of black belt with instructor credentials.
Location: The REC • **Ages:** 16+
Fee (monthly): $30 Mem / $40 Non-mem
Instructor: Dragon James Fell
Website: DragonWingChun.com
Email: JamesFell@DragonWingChun.com

Sat 706104 7:30-9:30 AM

FINE ARTS

Art Class
Learn to mix colors and color theory, paint in different styles and media with acrylics and oils.
Location: The REC • **Ages:** 10+
Fee (4 wks): $48 Mem / $58 Non-mem
Instructor: Rexana Ostuni
Note: Class won't be held in August.
Supplies: Canvas, paper or board, paint brushes (flat; small, medium and large table easel). Paint will be furnished by instructor.
Additional Info: Before taking Art Class, students must complete Drawing & Pastels.

Tue 705202 6:00-7:30 PM

Drawing & Pastels
Drawing from basic shapes, landscapes, perspective, still life and animals. Drawings will be finished in a pencil or pastels.
Location: The REC • **Ages:** 6-12
Fee (4 wks): $45 Mem / $55 Non-mem
Instructor: Rexana Ostuni
Note: Class won't be held in August.
Supplies: Bring 11"x14" drawing tablet and #2 pencils. Pastels will be supplied by the instructor.

Tue 705218 4:30-5:45 PM

Group Guitar Class
This class is an introductory course in guitar. We will learn the basics such as finger placement, techniques and how to read music. Basic guitar technique will include: holding, turning, hand position, timing and learning of notes. This is a great class for children as well as adults.
Location: The REC • **Ages:** 7+
Fee (4 wks): $40 Mem / $50 Non-mem
Instructor: Kevin Nassiff
Note: Students must bring their own electric or acoustic guitar
Phone: 817.584.5818
Email: texasguitarville@gmail.com

Ages: 7-13
Thu 705203 6:00-6:45 PM

Ages: 14+
Thu 705204 7:00-7:45 PM

Private Music Lessons — NEW
Music lessons for all ages, styles and skill levels. Learn how to play an instrument, how to read music and play by ear. The lessons offered are guitar, piano, drums, ukulele, mandolin banjo and voice. Registration is a continuous process. Students register monthly.
Location: The REC • **Ages:** 7+
Fee: $100 Mem / $110 Non-mem (4 lessons) or $200 Mem / $210 Non-mem (8 lessons)
Instructor: Kevin Nassiff
Note: Students will be contacted by an instructor to set the day and time for your lessons.
Phone: 817.584.5818
Email: texasguitarville@gmail.com
Code: 705210 (4 lessons) or 705209 (8 lessons)

Dancing as a Star Country & Western Style
Enjoy learning to dance with a partner in a fun-filled atmosphere. We'll start with the two step and some waltz and finish with some east coast swing. It's a great exercise and a nice way to meet new friends. It's also a great way to get a head start on learning to dance at public dance clubs.
Location: The REC • **Ages:** 14+
Fee (Single): $35 Mem / $45 Non-mem
Fee (Couple): $67 Mem / $77 Non-mem
Instructor: Dance With Me Studio

Tue 705305 7:00–8:00 PM

Clogging
Want to learn to Clog? Well getting started is easy and fun. You don't need a partner or any previous dance experience. Clogging is a great multi-generational family activity. You will learn the 8 basic steps and some fun dances! Shoes and Taps are required and may be ordered. We will have shoe and tap info at the first class.
Location: The REC • **Ages:** 14+
Fee: $20 Mem / $30 Non-mem
Instructor: John Pryor

Beginners
Mon 709221 7:00-7:35 PM

Easy
Mon 709220 7:40-8:15 PM

Intermediate
Mon 709222 8:20–8:55 PM

Advanced
Mon 709223 9:00–9:30 PM

Ballroom Style
Enjoy learning how to dance with a partner in a fun filled atmosphere. We will cover a variety of social dances including the waltz, east coast swing, foxtrot and salsa. It's a great exercise, tons of fun, easy to learn and a great way to meet new people. No partners needed!! Volunteer rotation offered. A dance with me offers dance socials the second and fourth Saturday of the month where you can practice what you learn.
Location: The REC • **Ages:** 14+
Fee (Single): $35 Mem / $45 Non-mem
Fee (Couple): $67 Mem / $77 Non-mem
Instructor: Dance With Me Studio

Tue 705303 8:05–9:05 PM

Belly Dance: Improv Tribal Style

In this class you will learn Improv Tribal Style belly dancing (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength building, and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the ITS format. This is a low impact dance suitable for all ages and body types.
Location: The REC • **Ages:** 14+
Fee (4 wks): $28 Mem / $38 Non-mem
Instructor: Tiffany Skalberg
Website: Tribalevolution.com

Wed	709110	8:00–9:00 PM

SPECIAL INTEREST

Chess Class — NEW

This class will teach age-appropriate skills to help boost children's confidence, enhance problem solving ability and teach them to react rationally to challenging situations while building cognitive short and long-term memory functions. Children will learn to think with one's mind and not one's hands while developing abstract thought. There is a new project each month.
Location: The REC • **Ages:** 4-15
Fee: $48 Mem / $58 Non-mem
Instructor: Igor Malovi
Phone: 214 448-5924
Email: igor20956@yahoo.com

Sat	709317	5:30–6:30 PM

Defensive Driving

Bright Driver is a National Safety Council defensive driving course for all individuals that need an auto insurance discount and/or need to dismiss a traffic citation. This is a six hour course that can also be used a corporate safety course to a dismiss a traffic citation anywhere in the United States.
Location: The REC • **Ages:** 16+
Fee: $35 Mem / $45 Non-mem
Instructor: J. T. Brinson
Website: brightdriversafety.com
Session: 05-May 7, 06-Jun 18, 07-Jul 9, 08-Aug 27

Sat	709736	9:00 AM–4:00 PM

Texas License To Carry Class

This one day (6 hr) course satisfies the handgun license. This course will cover use of force, handgun safety, prohibited carry laws, scenarios, concealment methods and much more. Course includes both written and proficiency (shooting) exams.
Location: The REC • **Ages:** 21+
Fee: $79 Mem / $89 Non-mem
Instructor: Mike Duff
Phone: 817.719.9512
Email: mike@group6training.com
Notes: There will be a one hour lunch break. Additional gun range fee of $15 paid to instructor.

Jul 16	709795	8:00 AM–3:00 PM
Sept 17	709795	8:00 AM–3:00 PM

Raquetball Lessons

Instructor: Cheryl Bird
Phone: 817.283.0946
Email: cherylbird57@verizon.net

Babysitter's American Red Cross Training

This eight-hour babysitting course covers a variety of topics including: preventing accidents and illnesses, basic first aid, reviewing choking procedures, rescue breathing and making professional decisions in babysitting. The class is 90% participation. All successful participants will receive a babysitting training book the day of class.
Location: The REC • **Ages:** 11+
Fee: $75 Mem / $85 Non-mem
Instructor: ARC Certified Instructor
Notes: There will be a 30-minute lunch break for lunch. Please provide your own lunch, snacks and drinks.

May 21	709703	9:00 AM-4:00 PM
Jun 11	709703	9:00 AM-4:00 PM
Jul 16	709703	9:00 AM-4:00 PM

Community First Aid & Safety

This course prepares you to rescue victims who are experiencing cardiopulmonary distress. Course includes information on adult, child and infant CPR, along with first aid for a variety of conditions including bleeding, injuries to bones, muscles and joints, sudden illness and heat and cold injuries. Successful participants earn two certificates: American Red Cross Community CPR (valid for 2 years), and ARC Community First Aid (valid for 2 years).
Location: The REC • **Ages:** 10+
Fee: $77 Mem / $87 Non-mem
Instructor: ARC Certified Instructor

May 28	709702	9:00 AM–4:00 PM
Jun 18	709702	9:00 AM–4:00 PM
Aug 13	709702	9:00 AM–4:00 PM

KIDS DANCE

TITLE	AGES	DAYS / TIMES	INSTRUCTOR	MONTHLY NON-MEM FEE	CODE
Ballet/Tap for Pre-School	3-5	Sat / 10:00-10:40 AM	Little Dancer's Instructor	$52	708701
Ballet/Tap	6-12	Sat / 10:45-11:25 AM	Little Dancer's Instructor	$52	705700
Jazz / Hip Hop	6-12	Sat / 11:30-12:15 PM	Little Dancer's Instructor	$52	708700

Additional Information: Summer Camps Available. Siblings receive $5 discount. Members will get a $10 discount. Ballet shoes, leotards and tights required for all dance classes. Tap shoes required for tap classes.

KIDS PROGRAMS

Pre-School Gymnastics

This class is designed to promote physical activity and motor skill development. Basic gymnastics skills such as rolls, bridges, handstands and cartwheels will be introduced. Students will also be exposed to other gymnastic equipment as the balance beam.
Location: The REC • **Ages:** 3-5
Fee (monthly): $32 Mem / $42 Non-mem
Instructor: Gypsy Mishoe
Note: Class 708205 will not be held in July. Class 708205-6A is only held in June.

Tue	708205	4:15–5:00 PM
Tue	708205-6A	3:30–4:15 PM

Beginning Gymnastics 1

This class is designed as an introduction to gymnastics. Students will learn floor skills such as rolls, cartwheels, handstands and backbends. Students will also be introduced to the balance beam and vault.
Location: The REC • **Ages:** K-7 yrs
Fee (monthly): $32 Mem / $42 Non-mem
Instructor: Gypsy Mishoe
Note: Class will not be held in July

Tue	709327	4:15-5:00 PM

Beginning Gymnastics 2

This class is designed for older children who have little experience with gymnastics. Students will learn floor skills such as rolls, cartwheels, hand stands and backbends. Students will also be introduced to the balance beam and vault.
Location: The REC • **Ages:** 8-12
Fee (monthly): $32 Mem / $42 Non-mem
Instructor: Gypsy Mishoe
Note: Class will not be held in July

Tue	709202	5:00-5:45 PM

Advanced Intermediate Gymnastics

This class is designed for the young gymnast who has already mastered the basic skills of the sport. Students entering this class should be able to do a cartwheel, a handstand and a backbend with little or no assistance. We will be working on more advanced skills such as front and back walk-overs and handsprings. Students will also spend a portion of each class developing flexibility and strength.
Location: The REC • **Ages:** 7-14
Fee (monthly): $32 Mem / $42 Non-mem
Instructor: Gypsy Mishoe
Note: Class will not be held in July

Tue	709328	5:00-5:45 PM

Cheer Fun-damentals — NEW

ABCs and 123s are the foundation for all learning. Motions, jumps, flexibility and strength are the foundations of cheerleading. Each of these principles is important for your youngster. Cheer fundamentals is designed to instill a love of physical fitness, poise and self-confidence using cheer and dance as a tool.
Location: The REC • **Ages:** 5-10
Fee (monthly): $32 Mem / $42 Non-mem
Instructor: Gypsy Mishoe
Note: Class will be held in June only

Tue	709142-06	3:30–4:15 PM

Early Achiever's Preschool Academy

Academic Pre-School Program for 3-5 year olds

This fun-filled preschool class utilizes a hands-on theme based yearly curriculum that focuses on the academic, social, emotional, physical and creative development of each student. Areas of reading, writing, science, safety, health, social studies, math, art, music and movement are included. Fun learning activities include language, music and art appreciation, visual and spatial perception, logical and mathematical calculation, social interaction, fine and gross motor skills, phonetic awareness and building alphabet skills including letter identification, providing a strong foundation for further developing reading skills.
Location: The REC • **Ages:** 3-5
Fee (monthly): $99 Mem / $109 Non-mem or $85 Mem / $95 for prorated 3-week August session.
Instructor: Rare Learning
Note: Ratio of 1:10. Please bring a snack.
Phone: 972.567.1771
Email: info@rarelearning.com
Additional Info: $10 supply fee paid to instructor first day of class. Children must be potty trained.
Sessions: 05-May 3-27, 06-Jun 7-Jul 1, 07-Jul 5-29, 08-Aug 2-19

Tue, Fri	708315	9:30 AM-12:00 PM

Soccer Sparks Skills Class — NEW

The Soccer Sparks Skills classes are designed with the main goals of sparking the passion for the game in young players and teaching them sound principles and techniques of the game in a fun and positive environment. The Soccer Sparks approach and carefully designed age appropriate curriculum fosters skill improvement and builds player confidence. Learn how to perfect your skills such as dribbling, passing, shooting and teamwork.
Location: The REC (turf field) • Ages: 4–5 & 6–9
Fee: $39 Mem / $49 Non-mem
Instructor: Soccer Sparks, USSF National level coach
Phone: 469 878-8550
Email: stars@soccersparks.com

Mon	708418	6:00–6:45 PM	4-5 Years
Mon	708419	6:50–7:35 PM	6-9 Years

SUMMER CAMPS

Mad Science

Let's Get Growing

Mad Science invites you to play in the garden in this exciting camp. Dissect soils and seeds. Investigate sun, wind and rain. Make your own sun visor. Explore living plants and leaves and discover the art of rubbings. See and make different bugs and creepy crawlers. Explore the life of a caterpillar. Finally make a mural of the garden with your fellow campers.
Location: The REC • **Ages:** 3-6
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jun 6-10 703919-05 1:00-4:00 PM

3...2...1...Blast Off!

It's a bird! It's a plane! No, it's everything from the earliest flying machines to the first rocket flight. Mad Science invites you to launch your knowledge of rockets. This is your chance to be a rocket scientist as you build your very own rocket.
Location: The REC • **Ages:** 6-10
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jun 13-17 709387-05 1:00-4:00 PM

Earth, Space & Beyond

Take a new look at the world around you during this exciting summer camp! Learn how to create codes so you can pass secret messages, protect the planet, understand how to eat like different animals and learn about space during class.
Location: The REC • **Ages:** 3-6
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jul 18–22 703982-05 9:00 AM-12:00 PM

Ingenious Inventions
While Thomas Edison said invention is 10% inspiration and 90% perspiration, this camp is 100% fun! With a little ingenuity, campers overcome challenges using basic materials, simple machines, tips from famous inventors and most important-their MIND.
Location: The REC • **Ages:** 6-10
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jun 6-10 703993-05 9:00 AM-12:00 PM

Forensic Lab a la CSI
Join in CSI style forensics in a hands-on look at crime scenes. Identify and collect evidence from finger prints to trash! Recreate the scene of a crime using clues. Detect suspects using science in this investigation into the science of sleuthing.
Location: The REC • **Ages:** 6-10
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jun 13–17 703986-05 9:00 AM-12:00 PM

Red Hot Robots
Join us in red-hot robot exploration! Discover inner workings of robots, experimenting with circuits, sensors and power supplies. Explore sound sensing,line tracking and solar power robots. Become a robot engineer, building your own robot to keep and take home!
Location: The REC • **Ages:** 7-11
Fee: $180 Mem / $190 Non-mem
Instructor: Mad Science

Jun 20–24 703985-05 9:00 AM-12:00 PM

STEM Genius: Science & Tech
This summer dig into STEM to be even smarter when you go back to school. Team up with friends to strengthen your understanding of Science (Understanding Nature) and technology (modifying the world to improve human comfort).
Location: The REC • **Ages:** 7-11
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jun 20–24 703912-05 1:00-4:00 PM

Bubbles, Smoke, Explosions
Have fun with chemistry at an exciting camp! Make a crystal garden and synthesize your own slime. Learn about our solar system, making a comet with everyday items. Have a shocking time with a Van de Graaff generator and experience lighting up close.
Location: The REC • **Ages:** 6-10
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jul 11-15 703913-05 1:00-4:00 PM

Science in Motion
Discover how science moves the world around you by exploring biology, engineering and chemistry. Build bridges and other structures One day, then a camera obscura the next. Also, grow crystal gardens and so much more!
Location: The REC • **Ages:** 6-10
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jul 11–15 703980-05 9:00 AM-12:00 PM

Earth: The Amazing Planet
Science is all around us: deep in the earth to high in the sky! Protect our awesome planet, make recycled paper and experiment with pollution solutions. Investigate animals and make a cast of an animal footprint to keep.
Location: The REC • **Ages:** 6-10
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jul 18–22 703994-05 1:00-4:00 PM

Robot Mania
Learn all about robotics in our world today and how technology will continue to affect our future! Discover robots of all kinds: sound-sensing, line-tracking, amphibious, even soccer-playing. During camp, build your very own working robot to keep and take home!
Location: The REC • **Ages:** 6-10
Fee: $180 Mem / $190 Non-mem
Instructor: Mad Science

Jul 25–29 703918-05 1:00-4:00 PM

Rocket Ride to Space
Blast-off your knowledge of flight! This camp is an exciting study on rockets. Campers build their own rocket and planes, experiment with propulsion systems, launch and recover rockets. Each day campers create amazing things to take home.
Location: The REC • **Ages:** 6-10
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Jul 25–29 703991-05 9:00 AM-12:00 PM

Inventions Galore
Creative Contraption Warning! Inspire the scientist in you in a camp designed by you – the Inventor! Each day, overcome a series of challenges using your mind. Investigate the awesome inventions created before modern science began.
Location: The REC • **Ages:** 6-10
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Aug 1-5 703928-05 9:00 AM-12:00 PM

Spy Academy
Learn to spy- oh, my! James Bond? MacGyver? Do you have what it takes to discover "who done it"? If so, this camp is for you. Explore secret communications, detective crime science, inner workings of our cells and cool chemistry.
Location: The REC • **Ages:** 6-10
Fee: $155 Mem / $165 Non-mem
Instructor: Mad Science

Aug 1-5 703914-05 1:00-4:00 PM

Fast Forward

Camp Barbie
At camp Barbie you will have loads of fun helping Barbie learn the many things she needs to know to become a great girl. You and Barbie will have a great time learning to dress for the occasion, practicing good manners, making new friends, importance of school work, how to use money, dreaming of careers, attending social functions, hearing great stories, practicing talents, cooking tips, art and much more! Non-stop activities, and fun learning adventures, all about self esteem development. Your certified teacher has developed a rich and meaningful curriculum full of objectives and supporting activities. Wonderful new ideas for creative
Location: The REC • **Ages:** 4-8
Fee: $100 Mem / $110 Non-mem
Instructor: Fast Forward

Jun 27-Jul 1 703983-05 2:00-4:00 PM

Hot Wheels World of Discovery— NEW
Endless tracks and obstacle courses await every Hot Wheel's car lover as they discover the world of physical science. What goes up must come down... or does it? Momentum, force and friction are just some of the concepts they will understand as cars acrobatically fly before them. Measuring length and weight in various units will help in the identification of the fastest, most efficient car on the block. Mega Loop Mayhem, Shark Cliff Hanger, Wolf Mountain and hundreds of cars are just some of the play equipment that will have your child yearning to come each day! Hot Wheels Rock!
Location: The REC • **Ages:** 4-7
Fee: $100 Mem / $110 Non-mem
Instructor: Fast Forward

Jun 27-Jul 1 703902-05 9:00-11:00 AM

Learning with Play Doh — NEW
Look no further for a world of excitement, creativity and science exploration. This class is designed to inspire creations of things past, present and future. Your child will explore dinosaur adventures, prehistoric volcanoes, animals, food, transportation and our solar system. Add numerous Play-Doh sets to this exciting equation and your child will find science fun like never before. Artistic and social development will engage daily creation in a very moldable way!
Location: The REC • **Ages:** 4-7
Fee: $100 Mem / $110 Non-mem
Instructor: Fast Forward

Jun 27-Jul 1 703903-05 9:00-11:00 AM

Lego Designer
Come and exercise your Lego skills here in ways you haven't done before! The unique collection of Lego kits will captivate young minds. Careful guidance from the teacher will allow students to flourish with ideas and overcome obstacles. Individual and team projects will provide opportunities for your child to expand their creativity and social skills as they work toward common goal. This class will surely inspire all Lego enthusiasts!
Location: The REC • **Ages:** 4-7
Fee: $100 Mem / $110 Non-mem
Instructor: Fast Forward

Jun 27-Jul 1 703909-05 11:30 AM-1:30 PM

Lego Mania
No building can say "Lego my Lego!" when engaged in the creative activities of LEGO MANIA! "Zillions" of pieces ensure that there is always enough for everyone! This innovative program for Lego buffs provides opportunities for imagination and hands-on learning under the guidance of a certified educator. Over 15 new games, projects and activities not found in stores will be planned and manipulated. Enrichment in the areas of personal creativity, following instructions, eye-hand coordination, problem solving, critical thinking and learning will be experienced as the child has the opportunity to construct dinosaurs, rockets, castles, airplanes and much more!
Location: The REC • **Ages:** 4-7
Fee: $100 Mem / $110 Non-mem
Instructor: Fast Forward

Jun 27-Jul 1 703910-05 9:00-11:00 AM

Army Tactics Camp
Wrapped in games and adventure, unique challenges await you. During survival situations, the four basic needs become shelter, water, fire and food. By introducing basic techniques, your child will learn how to purify water, signal for help, search for edible food, set up shelter, learn Army chants, plus much more! Team survival games will keep the training light and fun. This class is designed and essential for kids who like to challenge themselves physically and mentally. Enlist now before it's too late.
Location: The REC • **Ages:** 8-12
Fee: $100 Mem / $110 Non-mem
Instructor: Fast Forward

Jun 27-Jul 1 703989-05 2:00-4:00 PM

Lego Logo
Lego Logo brings technicians into a creative, engineering environment. Not found in stores , the special Lego Logo kits provide extraordinary opportunities for hands-on construction. Under the guidance of a certified educator, along with detailed technical plans to follow, the participants will build robots, race cars, four by four trucks, cranes, pulleys, levers and more during this energized week of discovery with Lego.
Location: The REC • **Ages:** 8-12
Fee: $100 Mem / $110 Non-mem
Instructor: Fast Forward

Jun 27-Jul 1 703907-05 11:30 AM-1:30 PM

Fashion Designer
Young girls graduate from playing dress up to designing their own fashions by using the same design principles used by professionals. Principles including basic sketching techniques, coordinating colors for the best effect, mixing textures and patterns for scale and perception and cultural fashion history will be applied to each girls' individual style portfolio. Designs come to life with beautifully patterned papers, ribbons, sequins, jewels and oodles of other embellishments. Collaborative "design team" challenges make this hands on, minds-on adventure into the world of design very exciting. No sewing in this class.
Location: The REC • **Ages:** 8-12
Fee: $100 Mem / $110 Non-mem
Instructor: Fast Forward

Jun 27-Jul 1 703901-05 11:30 AM-1:30 PM

Independent Camps

NOTE:
See more independent camps on pg. 40!

Everything Chocolate Camp
In this camp you will become skilled in making and decorating chocolates. You will create (and decorate) filled chocolates, dipped chocolates and dropped chocolates. You will create edible art pieces, including peanut butter cups, coconut haystacks and peanut drops.
Location: The REC • **Ages:** 6-12
Fee: $160 Mem / $170 Non-mem
Instructor: Elizabeth Mellott, Laurel Derr

Jul 18-22 703990-05 10:00 AM-12:00 PM

Designing Dolls Camp
Spend a week creating your own beauty products! You will learn to make your own lip balm, nail polish, fancy bath soap, bath bombs and more. Students will create their own specialized shades and scents, even adding glitter. Students will also learn three creative nail polish techniques.
Location: The REC • **Ages:** 6-12
Fee: $160 Mem / $170 Non-mem
Instructor: Elizabeth Mellott, Laurel Derr

Aug 1-5 703968-05 10:00 AM-12:00 PM

Fencing Camp & Class — NEW
En garde! Kids can now learn the exciting sport of Olympic Fencing. It is a safe and fun individual sport that improves concentration, agility, strength and self-esteem. Students will be provided with equipment and the basic skills to become modern day musketeers!
Location: The REC • **Ages:** 8-14
Fee: $99 Mem / $109 Non-mem
Instructor: Janos Gasparin

Jul 25-29 706199-07 10:00 AM-12:00 PM
Aug 1-5 706199-08 10:00 AM-12:00 PM

Monthly Class (Beginning in August)
Mon, Wed 706200 6:00-7:00 PM

Youth Tech

Animation
In this camp students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this course. This camp will utilizes Adobe's award winning animation software in Adobe Flash. Students will create fun interactive animations that they can share with the world.
Location: The REC • **Ages:** 10-17
Fee: $165 Mem / $175 Non-mem
Instructor: Youth Tech Inc.
Website: www.youthtechinc.com

Jun 20-23 703987-05 9:00 AM-12:00 PM

Video Game Design
This camp provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.
Location: The REC • **Ages:** 10-17
Fee: $175 Mem / $185 Non-mem
Instructor: Youth Tech Inc.
Website: www.youthtechinc.com

Jun 20-23 703921-05 1:00-4:00 PM
Jul 5-6 703917-05 9:00 AM-4:00 PM
Jul 18-21 703923-05 9:00 AM-12:00 PM

The Gaming Academy — NEW
The gaming academy is an all day course for students who love games. During this course students will be immersed into the world of 2D and 3D game design. The gaming academy is a combination of our Video Game Design, Advanced Game Design and 3D Game Design courses. The course offers students a variety of hands on experience designing and building their very own games. Students are encouraged to bring a sack lunch.
Location: The REC • **Ages:** 10-17
Fee: $310 Mem / $320 Non-mem
Instructor: Youth Tech Inc.
Website: www.youthtechinc.com

Jul 5-8 703938-05 9:00 AM-4:00 PM

3D Game Design
Video Game Design is a prerequisite for this camp. This camp offers an interactive look at the world of 3D game design. This awesome 3D video game design camp offers the chance for students to create and immerse themselves in a 3D world. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course.
Location: The REC • **Ages:** 10-17
Fee: $160 Mem / $170 Non-mem
Instructor: Youth Tech Inc.
Website: www.youthtechinc.com

Jul 7-8 703916-05 9:00 AM-4:00 PM

Robotics
This camp offers hands-on opportunities to build and program robots. Working in small teams, students will design robotic systems to compete in fun real-world activities. Each day will a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle of the bots competition at the end of the camp to prove their robot is the best. This class is perfect for the student who has a big imagination and likes to build things.
Location: The REC • **Ages:** 10-17
Fee: $165 Mem / $175 Non-mem
Instructor: Youth Tech Inc.
Website: www.youthtechinc.com

Jul 18-21 703922-05 1:00-4:00 PM

iVideo Game Design — NEW
Want to create video games? This is an introductory course for younger students who want to learn to simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games.
Location: The REC • **Ages:** 6-10
Fee: $110 Mem / $120 Non-mem
Instructor: Youth Tech Inc.
Website: www.youthtechinc.com

Jul 25-28 703930-05 10:00 AM-12:00 PM

Web Design
This camp provides an in-depth look at the world of web design and development. Students enrolled in this camp will learn how to build their own website from start to finish using an award winning suite of products. Students will have access to their website with free hosting for one year.
Location: The REC • **Ages:** 10-17
Fee: $160 Mem / $170 Non-mem
Instructor: Youth Tech Inc.
Website: www.youthtechinc.com

Jul 25-28 703920-05 1:00-4:00 PM

Jo-Ann's Little Dancers — NEW Ballet/Tap Dance Camp

"Hawaiian Hullabaloo"

Your little dancer will experience a tropical themed week full of dance, Hawaiian arts and crafts along with assembling and eating a fruit kabob!
Location: The REC • **Ages:** 3-5
Fee: $125 Mem / $135 Non-mem
Instructor: Jo-Ann Ingram
Additional Info: Students should wear a leotard and tights, along with their tap and ballet shoes to class in a backpack or dance bag. Dancers will receive a Hula Skirt.

Jun 20-24 703977-05 10:30 AM-12:00 PM

"Bibbity-Bobbity-Boo"

Cinderella themed week full of dance, arts & crafts and a bit of tumbling too!
Location: The REC • **Ages:** 3-5
Fee: $125 Mem / $135 Non-mem
Instructor: Jo-Ann Ingram
Additional Info: Students should wear a leotard and tights, along with their tap and ballet shoes to class in a backpack or dance bag. Dancers will receive a ballerina tutu and hair accessories.

Jul 18-22 703978-05 10:30 AM-12:00 PM

Little Gardener Camp — NEW

Series 1: Bugs

Each day centers around a bug that campers will learn more about: butterflies, crickets, ladybugs and ants. Each day will begin with story time, then campers will do a hands on craft activity, stroll the garden and feed the Koi Fish.
Location: Pewitt Pavilion, 411 Ball St.
Ages: 3-6 • **Fee:** $75 Res / $85 Non-res

Jun 13-16 709011-05 9:00-11:00 AM

Series 2: Flowers

Each day will center around a certain flower that the campers will learn more about: sunflowers, zinnias, bluebonnets and paper whites
Each day will begin with story time, then campers will do a hands on craft activity, stroll the garden and feed the Koi fish.
Location: Pewitt Pavilion, 411 Ball St.
Ages: 3-6 • **Fee:** $75 Res / $85 Non-res

Jul 11-14 709012-05 9:00-11:00 AM

GiGi's Cooking & Craft Camp — NEW

Imagine the fun your little chef and artist will have expressing themselves through cooking and crafts! In this camp we have a blast making messy masterpieces. Each camp day we will have a different theme: Beach Fun, King & Queens Day, Kids Cool Camp and Birthday Bash! We will cook octopus hot dogs, beach cupcakes, Queen's tarts, King's Swords, smores and grub, homemade pizza, birthday cake pops, a surprise birthday cake and much more. We will also make a craft that goes with the theme: painting a beach towel, foam castles, king and queen crowns, camping pillowcases, glow in the dark camp lights, origami birthday cards and much more.
Location: The REC • **Ages:** 4-8
Fee: $175 Mem / $185 Non-mem
Instructor: Delaine Votruba
Note: Classes formerly Lil'Chefs & Kreative Kids. All supply fees are included in the registration fee.

Jun 21-24 708409-05 1:00-4:00 PM

Art Camp

In this camp students will learn to mix colors and make a color wheel, work with water colors and acrylic paints and paint as a group directed by instructor. Subjects such as flowers, landscapes and animals will be drawn/painted.
Location: The REC • **Ages:** 6-12
Fee: $140 Mem / $150 Non-mem
Instructor: Rexana Ostuni
Note: All supplies will be furnished.

Jun 20-24 703975-05 10:00 AM-12:00 PM
Jul 25-29 703976-05 10:00 AM-12:00 PM

The REC SUMMER CAMP 2016

This is the best way to spend your summer. Campers are led in activities planned for them each week. Campers will be taken on an offsite field trip twice a month. The three sessions offered coincide with the GCISD School summer break.
Location: The REC • **Ages:** 7-12
Fee: $190 Mem / $200 Non-mem or $180 Mem / $190 Non-mem for prorated sessions in August.
Note: The field trips cost and camp t-shirt fee is not included in the camp fee. Camp t-shirts are $10 per shirt and will be sold during camp. Camp t-shirts are required to go on field trips. A maximum of three HERO candidates allowed per session. Campers must bring a sack lunch if staying the entire day. Please provide your camper with a daily snack. Campers should not be dropped off before 7:45 AM. There will be no camp on Jul 4. The REC will be closed in observance of Independence Day.

Jun 5-30 703924-06 8:00 AM-12:30 PM
Jun 5-30 703925-06 1:30-6:00 PM
Jul 1-29 703924-07 8:00 AM-12:30 PM
Jul 1-29 703925-07 1:30-6:00 PM
Aug 2-19 703924-08 8:00 AM-12:30 PM
Aug 2-19 703925-08 1:30-6:00 PM

Survival Games — NEW

Do you have what it takes to survive in a world without computers, video monitors and... (gasp)... no pizza delivery? Learn to build shelters, start a campfire, identify plant life, undertake wilderness navigation training and hike the terrain of Grapevine lake all while working as a team in the game of survival. Ready your energy, courage and acquire skills to survive, endure and conqueror the challenges of nature!
Location: Lakeview Park • **Ages:** 7-13
Fee: $130 Res / $150 Non-res

Jun 6-10 777700-1 9:00 AM-12:00 PM
Jun 13-17 777700-2 9:00 AM-12:00 PM
Jun 20-24 777700-3 9:00 AM-12:00 PM
Jun 27-Jul 1 777700-4 9:00 AM-12:00 PM
Jul 11-15 777700-5 9:00 AM-12:00 PM
Jul 18-22 777700-6 9:00 AM-12:00 PM
Jul 25-29 777700-7 9:00 AM-12:00 PM
Aug 1-5 777700-8 9:00 AM-12:00 PM

Be a Magician!

Master simple sleight-of-hand and illusion effects to amaze your family and friends! Designed for children 8-12 yrs of age, this beginner magic course is taught by professional magicians from the Illusion Warehouse magic shop in Ft. Worth. A combination of magic tricks that use everyday objects from around the home as well as effects from the magic shop will be taught. The course helps children learn presentation and theatrical skills, and the ability to speak and perform

in front of a live audience. On the last day, students will perform a magic show using the tricks and skills they have learned during the five day long week camp.
Location: The REC • **Ages:** 8-12
Fee: $150 Mem / $160 Non-mem
Instructor: Bruce and Bronson Chadwick
Note: Each camper will get to take a beginner's magician's kit home with them.

Jul 11-15 703972-05 9:00 -11:00 AM

Digital Photography Camp

Digital photography camp by RARE Learning is a specialized program that will introduce the student to the art of photography. Students will have the opportunity to learn about the introductory aspects of digital photography including composition, lighting a subject, use of lenses, and digital editing.
Location: The REC • **Ages:** 9-15
Fee: $149 Mem / $159 Non-mem
Instructor: RARE Learning
Phone: 972.567.1771
Email: info@rarelearning.com

Jul 11-15 703926-05 1:00-4:00 PM
Aug 1-5 703927-05 1:00-4:00 PM

Film-Making Camp

This is a five day video production camp that teaches digital video filming, editing and production techniques. It is designed to generate an interest in critical observation and communications by engaging 9-15 year olds in film-making projects. Students will complete a film as a group project and will "premier" the film for the parents on the last day of class.
Location: The REC • **Ages:** 9-15
Fee: $149 Mem / $159 Non-mem
Instructor: RARE Learning
Phone: 972.567.1771
Email: info@rarelearning.com
Note: All materials are supplied.

Jun 13-17 703931-05 1:00-4:00 PM
Jul 18-22 703935-05 1:00-4:00 PM

KEEP CALM AND C.A.M.P.

Character **A**wareness while **M**otivating Young **P**eople

Building leadership through "CAMP"

Looking for something different for your **teen** to do this summer instead of staying at home? Join our friendly staff as campers enjoy a fun filled summer by going on exciting trips throughout the DFW area. This camp is designed to help mold young adults into leaders all while having fun at the same time. As a team working together, campers will do one community service project a week. This will help build teamwork, character, community spirit and awareness, caring hearts, responsibility and much more. Campers will also receive a letter of appreciation for all community service hours they complete during the summer.

The **Teen Camp** van will leave for field trips by 9:00 AM and return around 4:00 PM. Campers can be dropped off between 7:30-9:00 AM and picked up between 4:00-6:00 PM. During this time campers can hang out in our game room until heading out for the day or waiting to be picked up at the end of the day. Please provide your teen with lunch money or a packed lunch. You may also want to provide them with a few extra dollars for spending. The admission for each field trip is included in the registration fee. Field trips will include: Six Flags, Main Event, Burger's Lake, Ft. Worth Zoo, Skate Town, Perot Museum, Dallas Aquarium, Mountasia, Summit Rock Climbing, Planetarium, Hawaiian Falls, Grapevine Mills Mall, Bass Pro, Cabelas, Frisbee Golf, Glade Pool, Dove Waterpark, Ft. Worth Museum of Science & History, the Movies and much much more!!! Parents will receive a weekly schedule of trips for that week on the Friday before.
Location: The REC • **Ages:** 12-15
Fee: $175 Mem / $185 Non-mem
Additional Info: All trips are subject to change. Each camper must purchase at least one camp t-shirt ($10) for field trips. There will be no camp on Jul 4. The REC will be closed in observance of Independence Day.

Jun 6-10 709002-05 9:00 AM-4:00 PM
Jun 13-17 709003-05 9:00 AM-4:00 PM
Jun 20-24 709004-05 9:00 AM-4:00 PM
Jun 27-Jul 1 709005-05 9:00 AM-4:00 PM
Jul 5-8 709006-05 9:00 AM-4:00 PM
Jul 11-15 709007-05 9:00 AM-4:00 PM
Jul 18-22 709008-05 9:00 AM-4:00 PM
Jul 25-29 709009-05 9:00 AM-4:00 PM
Aug 1-5 708010-05 9:00 AM-4:00 PM

EXCURSION CAMP

"Get off the Couch Week!" — NEW
This camp is designed for the adventurer inside everyone us. This camp will take each participant on a different excursion each day. Please have your camper at the location of the excursion 15-20 minutes before the start so that they can be checked in. Campers need to wear the appropriate attire for each day. Space will be limited so register early. Get ready for a week of adventure and fun!

Top Golf
Mon • 9:00 AM–12:00 PM
3760 Blair Oaks Dr, The Colony, TX 75056

Ever wanted to learn how to play golf, but didn't want to have to play 18 holes? On this adventure you can learn without having to lug that heavy bag of clubs around and walk all of those holes. We will be providing transportation for this excursion. Campers will meet and be picked up at the REC located at 1175 Municipal Way.

Kayaking
Tues • 9:00 AM–12:00 PM
Meadowmere Park
3000 Meadowmere Grapevine, TX

Kayaking is a fast growing and diverse sport that all ages can learn. In this one-day adventure, campers will learn basic kayaking. Campers will learn six strokes to move your kayak in any direction. They will also learn safety on the water, how to transport, carry and enter/exit the boat and most importantly, how to get back in if you fall out! Classes taught by American Canoe Associated certified instructors. All boats and gear are provided. Please wear appropriate attire for getting wet.

Paddle Boarding
Wed • 9:00 AM–12:00 PM
Meadowmere Park, 3000 Meadowmere Grapevine, TX

This intro to Stand Up Paddle excursion will provide you with basic techniques needed to safely paddle, stand up and balance. We will cover wind, weather and water conditions. You will learn turning, sculling, drawing and multiple paddle techniques. In addition we'll discuss board selection and paddle sizing. You will leave the lesson with all the skills necessary to paddle with confidence. Please wear appropriate attire. A certified lifeguard will be provided.

Summit Climbing
Thu • 9:00 AM–12:00 PM
1040 Mustang Dr. Grapevine, TX

This camp excursion will teach campers all about rock climbing. Campers will learn climbing skills such as technique, gear usage and safety, climbing routes, bouldering and strength/endurance. Many other life skills will be influenced as well, such as team work, problem solving, trust, concentration and communication.

Main Event
Fri • 9:00 AM–1:00 PM
407 W. State Hwy 114 Grapevine, TX

Campers will learn bowling FUNdamentals and have 1.5 hours of bowling fun. Bowling shoes will be provided. Video game play and other activities will be available for the campers. Each camper will receive a cool camp t-shirt and lanyard. Lunch will be provided to all campers: entrée, drink & cookie (build your own pizza).

REGISTRATION INFO:
Location: The REC • **Ages:** 9-16
Fee: $170 Mem / $180 Non-mem
Note: Please wear appropriate attire for each excursion. Friday's excursion is 9:00 AM–1:00 PM and lunch will be provided. Life jackets will be required and provided for paddle boarding and kayaking. Days for the excursions are subject to change during that week. If this happens, all campers will be notified.

Jun 13-17	703973-05	9:00 AM-12:00 PM
Jul 18-22	703974-05	9:00 AM-12:00 PM

YOUTH SPORTS

Grapevine Athletics Staff:

Andrea Dailey
Athletics Coordinator, Adult Sports • 817.410.3457
adailey@grapevinetexas.gov

Tanner Stephens
Athletics Coordinator, Youth Sports • 817.410.3472
tstephens@grapevinetexas.gov

Scott Hardeman
Athletics Manager • 817.410.3476
scottha@grapevinetexas.gov

REGISTER ONLINE AT PLAYGRAPEVINE.COM
RAINOUT HOTLINE: 817.410.3475 AFTER 3:30 PM

Registration Information: Space is limited – first come, first served. Register online at playgrapevinereg.com.
Late Registration Fee: All youth and adult leagues are subject to a 10% late fee.
Schedules and Standings: playgrapevine.com

Athletic Refunds
If approved, all refunds may carry up to a 20% administration fee. For inquiries or a refund request form, please call 817.410.3472 or 817.410.3457.

Volunteer Youth Sports Coaches Needed:
For more information, please call 817.410.3472 or 817.410.3457. Background Checks: The City of Grapevine has a policy of conducting background checks on all volunteer sports coaches.

T.A.A.F.
The Texas Amateur Athletic Federation (T.A.A.F.) is a state federation providing competition beyond the local level. Currently, over 150 cities combine to establish and maintain the highest level of amateur sports in the state of Texas to promote the development of physical education and to encourage the standardization of rules in all amateur athletics, games and competitions. The objectives of T.A.A.F. are both charitable and educational. For more information, www.taaf.com

League Schedules:
We attempt to make every effort to accommodate schedule requests. However, we cannot guarantee all requests.

All Youth Sports Leagues:
A copy of child's birth certificate and team roster is mandatory and due at the coaches meeting.

Venue Alert:
The Parks & Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and re-schedule your practice or game.

Girl's Summer Youth Volleyball

Registration: May 16-29
Late Registration: May 30-Jun 6*
Ages: As of Sept 1, 2015

Divisions:

Girl's Individual		Girl's Team	
8 & Under	612406-12	8 & Under	612407-12
10 & Under	612400-12	10 & Under	612403-12
12 & Under	612401-12	12 & Under	612404-12
14 & Under	612402-12	14 & Under	612405-12

Fees: $80/Individual Resident $350/Team Resident
$90/Individual Non-Res $370/Team Non-Res
***Beginning May 30, a 10% late fee will be added**
Coaches Meeting: Sat, Jun 11, 9:30 AM, GMS, 301 Pony Pkwy. Rosters are due at time of the coaches' meeting!
Practices Begin: Week of Jun 19
Season Dates: Jun 25-Aug 6
Additional Info: Practices will be held at local GCISD facilities Sun–Thur. Coaches will sign-up for their teams practice site and time at the coaches meeting. jerseys are provided for the individual division only. this is a six-game league. For more information, call 817.410.3472 or visit playgrapevine.org.

Higher Goals Basketball Camp

Camp Schedule will include daily detailed work in ball handling, shooting, rebounding, defense and passing. Camp will include daily life skills and basketball 101 sessions. Camp awards distributed!

Dates	Times	Ages	Code	Site	Fee
Jun 13-17	9:00 AM-12:00 PM	7–16	603921-11	TBA	$150
Jul 11-15	9:00 AM-12:00 PM	7–16	603921-12	TBA	$150
Aug 8-12	9:00 AM-12:00 PM	7–16	603921-13	TBA	$150

YOUTH SPORTS ASSOCIATIONS

Grapevine Baseball & Softball Association (GBSA)

Recreational Baseball & Softball: Ages: 3–18
Select Baseball: Ages 8–18 (must attend tryouts and subsequently be selected for a team)
Select Softball: Ages 10–18 (must attend tryouts and subsequently be selected for a team)

Spring Registration: Online registration will begin in December at gbsa.org. If registering online, must pay with credit card. If mailing registration form with a check, mail to: GBSA – Registration, PO Box 1732, Grapevine, TX 76099.

Fall Registration: Online registration will begin in June at gbsa.org. If registering online, must pay with credit card. If mailing registration form with a check, mail to: GBSA – Registration, PO Box 1732, Grapevine, TX 76099

More Info: Please visit gbsa.org or contact us at 817.329.5505. Visit the website to sign up for our mailing list to be informed of registration dates, select tryouts, rainouts and other important information.

Grapevine & Colleyville Youth Football Association (GCYFA)

Fall 2016 • Football Season
Tackle Divisions: 2nd-6th grades in Fall 2016
Flag Division: Kindergarten through 1st grade in Fall 2016
Season dates: Sept through early Nov
Registration: Online in Apr
• Players play in divisions based on school grade (2016-17 school calendar)
• Player eligibility: Must be a Grapevine or Colleyville resident and/or attend GCISD school
• Other Associations participating in the league include Southlake, Northwest, Trophy Club/Roanoke and Coppell

Spring 2017 • 7-on-7 Touch Football Season
Season Dates: Mid-Apr through early Jun
Registration: Online in late Jan
• Non-contact and no tackle football
• Players play in divisions based on school grade (2016-17 school calendar) 1st through 8th grade
• Player eligibility: Must be a Grapevine or Colleyville resident and/or attend GCISD school
• Other Associations participating in the league include Southlake, Northwest, Trophy Club/Roanoke, and Coppell

More information and registration at: gcyfa.org

Grapevine Southlake Soccer Association (GSSA)

Soccer is a sport that focuses on teamwork rather than emphasizing individual performance. Grapevine-Southlake Soccer Association promotes recereational soccer, where children of all abilities and experience levels are encouraged to participate. Teams are coached by volunteer parents and may practice one or two evenings per week (depending on age). A minimum of eight games are played each season, mostly on Saturdays. GSSA is offering adult leagues for summer, fall and spring.

Recreational Soccer: Ages 3–Adult
Fall Season: Early Sept through mid-Nov
Spring Season: Early Mar through mid-May
Registration: May-Jul for Fall • Nov-Jan for Spring
Website: gssasoccer.org
Office Phone: 817.410.9950

Grapevine Youth Wrestling (GYW)

GYW is the newest association in town. Come out and join them during workouts. They practice on Tuesdays and Thursdays in the fall and spring and then to Wednesdays for summer workouts.

Site: GCISD facilities
Date: Tue and Thu • **Time:** 7:00-8:30 PM
Coach: Waymon Mays
Email: waymon.may@gcisd.net

ADULT SPORTS

Grapevine Athletics Staff:

Andrea Dailey
Athletics Coordinator, Adult Sports • 817.410.3457
adailey@grapevinetexas.gov

Tanner Stephens
Athletics Coordinator, Youth Sports • 817.410.3472
tstephens@grapevinetexas.gov

Scott Hardeman
Athletics Manager • 817.410.3476
scottha@grapevinetexas.gov

REGISTER ONLINE AT PLAYGRAPEVINEREG.COM
RAINOUT HOTLINE: 817.410.3475 AFTER 3:30 PM

Registration Information: Space is limited – first come, first served. Register online at playgrapevinereg.com.
Late Registration Fee: All youth and adult leagues are subject to a 10% late fee.
Schedules and Standings: playgrapevine.com

Athletic Refunds
If approved, all refunds may carry up to a 20% administration fee. For inquiries or a refund request form, please call 817.410.3472 or 817.410.3457.

Venue Alert: The Parks & Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

Adult Softball

Day	Division	Code	Fee
Sun	COED For Fun	611101	$200
	Men's D	611102	$360
	Men's E	611104	$360
	Men's Super D	611105	$360
Tue	Men's Church	611301	$360
	Men's D	611303	$360
Wed	Men's D	611401	$360
	Men's E	611402	$360
	Men's Super E	611406	$360
Thur	Men's Super D	611501	$360
	Men's D	611502	$360
Fri	COED Rec.	611600	$360
	Men's E	611601	$360

Summer Season (Section 12)

Registration: Apr 10-17
Late Registration: Apr 18-25*
Team Information: Available online May 5 after 12:00 PM
Season Dates: May 15–Jul 29
Game Site: Oak Grove Softball Complex, 2700 Dove Loop North

Fall Season (Section 13)

Registration: Jul 10-17
Late Registration: Jul 18-25*
Team Information: Available online Aug 4 after 12:00 PM
Season Dates: Aug 14–Oct 21
Game Site: Oak Grove Softball Complex, 2700 Dove Loop North

***Late Registration Fee: All adult leagues are subject to a 10% late registration fee.**

COED Kickball
Game Site: Oak Grove Softball Complex
2700 Dove Loop Lane North
Ages: 16+

Summer Season (Section 12)

Days	Division	Code:
Mon	COED Recreational	611701
Fri	COED Recreational	611801

Fee: $360/team
Registration: Apr 10-17
Late Registration: Apr 18-25*
Team Information: Available online May 5 after 12:00 PM
Season Dates: May 16-Jul 25

Fall Season (Section 13)

Days	Division	Code:
Mon	COED Recreational	611701
Fri	COED Recreational	611801

Fee: $360/team
Registration: Jul 18–25
Late Registration: Jul 20–27*
Team Information: Available online Jul 28 after 12:00 PM
Season Dates: Aug 15–Oct 17

Summer Sand COED Volleyball

Days	Division	Code:
Wed	COED For Fun	611403-12
Thur	COED Recreational	611503-12

Game Site: Dove Park, 1509 Hood Ln
Ages: 16+
Fee: $190 per team
Registration: Jun 12-19
Late Registration: Jun 20-27*
Team Information: Available online Jun 30 after 12:00 PM
Season Dates: Jul 6–Sept 15 (10 game season)

Summer Men's Basketball

Days	Division	Code:
Mon	Recreational	611200-13
Wed	Recreational	611400-13

Game Site: TBA – GCISD facilities
Ages: 16+
Fee: $340/team
Registration: Jun 5–12
Late Registration: Jun 13–20*
Team Information: Available online Jun 23 after 12:00 PM
Season Dates: Jun 27–Aug 17 (7 game season)

Lake Grapevine Runners and Walkers Club (LGRAW)
LGRAW is a local non-profit organization dedicated to promoting running, walking and fitness in the Lake Grapevine area. Saturday and Sunday mornings are informal group runs in the Oak Grove Park area. For more information, please visit lgraw.com.

NOW AVAILABLE!

Oak Grove Ball Field Complex Events & Catering

Oak Grove Ball Field Complex will serve local businesses, groups and clubs with opportunities for events and catering at Grapevine's award winning sports complex. This program is designed to facilitate meetings, team building activities, and private parties. For more information, contact Chris Wise at cwise@grapevinetexas.gov.

GRAPEVINE TENNIS

All tennis classes and activities take place at the Dove Park Tennis Courts, 1509 Hood Lane. Students need to bring a racquet and a new can of balls to the first class meeting. For more tennis information contact Austin Wynne at 214.668.1619.

Junior Tennis Classes (4 wks)

Location: Dove Park Tennis Courts, 1509 Hood Ln.
Note: Students need to bring a racquet and a new can of tennis balls to the first class meeting.
More Info: For more tennis information contact Austin Wynne at 214.668.1619.

Pee Wee Tennis

Designed to create eye/hand coordination while learning basic techniques.
Ages: 3-6 • **Fee:** $39
Sessions: 05, 06, 07, 08

Sat	707740	8:30-9:00 AM

JR. Beginner

This class is designed for the student interested in learning the technique of each tennis stroke. Each class will be divided by skill level.
Ages: 6-15 • **Fee:** $80
Sessions: 05, 06, 07, 08

Wed	710251	5:30-6:55 PM
Sat	710750	9:00-10:25 AM

Jr. Advanced Beginner

This class is designed for advanced beginner/ intermediate players wanting to improve their skills.
Ages: 6-15 • **Fee:** $80
Sessions: 05, 06, 07, 08

Sat	707704	10:30 AM-12:00 PM

JR. Advanced

Designed for the serious student with prior instruction. Strategy, technique and point situations will be stressed.
Ages: 6-15 • **Fee:** $80
Sessions: 05, 06, 07, 08

Thu	710550	5:30-6:55 PM

JR. Intermediate

This class is designed to offer strategy to those players competing at school or in tournaments. Techniques will continue to be developed. Players must know the scoring system.
Ages: 6-15 • **Fee:** $80
Sessions: 05, 06, 07, 08

Tue	710350	5:30-6:55 PM

NETT Junior Team Tennis

Designed for players wanting to get involved in NETT junior team tennis.
Ages: 7-18 • **Fee:** $190 (8 wks)
Sessions: 05, 06, 07, 08
More info: Fees include practices once a week for eight weeks, league fee, and team shirt. Fee does not include UTSA membership. Team tennis matches are on Sundays.

Thu,Sun	707200	5:30-6:55 PM

Tournament Tough

This class is designed for high school level players (Jr. Varsity/Varsity). This class will emphasize strategies used in tournament competition (Zats/Champs/Super Champs).
Ages: HS Players • **Fee:** $80 (1x wk) or $160 (3x wk)
Sessions: 05, 06, 07, 08

Tue	710351	7:00-8:25 PM
Wed	710352	7:00-8:25 PM
Thu	710353	7:00-8:25 PM
All	710354	7:00-8:25 PM

Adult Tennis Classes (4 wks)

Ages: 15+ or HS skill level • **Fee:** $80
Sessions: 05, 06, 07, 08

Adult Beginner

Designed to teach the basic strokes and techniques. Strategy will be discussed if applicable.

Wed	710252	7:00-8:25 PM

Advanced Beginner/Intermediate

Thu	710551	7:00-8:25 PM

Women's Beginner

Ages: 18+ • **Fee:** $80
Sessions: 05, 06, 07, 08

Wed	710451	11:00 AM-12:30 PM
Fri	710652	11:00 AM-12:30 PM

Women's Advanced Beginner/Intermediate

Ages: 18+ • **Fee:** $80
Sessions: 05, 06, 07, 08

Wed	710450	9:30-10:55 AM
Fri	710650	9:30-10:55 AM

GrapeFest Tennis Classic

September 17–19, 2016

For more information visit www.grapevinetexasusa.com or contact Kelly Langdon at 817.233.5793.

Junior Tennis Summer Camps

Camp	Days	Time	Age	Code	Location	Fee	Camp Info
Pee Wee	Mon-Thu	10:00-10:25 AM	4-7	703950	Dove Tennis Courts	$39	Designed to create eye/hand coordination while learning basic techniques.
Junior Beginner	Mon-Thu	10:30-11:55 AM	6-15	703951	Dove Tennis Courts	$80	Designed to teach all basic strokes in a fun, easy-to-learn manner.
Junior Beginner Tennis and Swim	Mon-Thu	10:30 AM-1:25 PM	6-15	703952	Dove Tennis Courts	$100	Includes one and a half hours tennis instruction, a half hour lunch and one hour at Dove pool. Bring a sack lunch and swimsuit each day.
Junior Advanced Beginner / Intermdiate	Mon-Thu	8:30-9:55 AM	6-15	703953	Dove Tennis Courts	$80	Designed for students with prior instruction. Technique and strategy will be stressed.
Tournament Tough	Mon-Thu	8:30-9:55 AM	8-18	703957	Dove Tennis Courts	$80	Junior Varsity / Varsity level players
TNT Select	Tue, Wed & Thu Only	1:00-2:30 PM	12-18	703960	Dove Tennis Courts	$60	Varsity level players / Qualified players

SESSION	DATES	SESSION	DATES
11	Jun 6-9	16	Jul 18-21
12	Jun 13-16	17	Jul 25-28
13	Jun 20-23	18	Aug 1-4
14	Jun 27-30	19	Aug 8-11
15	Jul 11-14	20	Aug 15-18

All Summer Camp Bundle

Code: 710360-06 • **Fee:** $500

All Summer Tennis & Swim Camp Bundle

Code: 710361-06 • **Fee:** $400

Note: Any rainouts will be made up on Friday. All tennis students need to bring a racquet and unopened can of balls to the first day of camp.

GRAPEVINE BOTANICAL GARDENS

Heritage Park • 411 Ball Street, Grapevine, TX

The majestic beauty of the Grapevine Botanical Gardens at Heritage Park, located at 411 Ball Street, was inspired by the vision of the late Mayor Pro Tem C. Shane Wilbanks. Boasting a great-lawn, water features, walking bridges, seasonal foliage, an herb garden, a butterfly garden, education events, and friendly docents, the Garden has something for everyone. The grounds are a popular location for weddings, meetings, showers, photo shoots, marriage proposals, and other memory-making fun events. Always free of charge, the beautiful grounds are one of the hidden gems of Grapevine.

Calling All Volunteers!
Looking for a volunteer opportunity to bring your students, employees or members closer together? Bond over a garden project at Botanical Gardens at Heritage Park. We have projects to fit all skill levels and abilities. Have fun with your group while helping to grow the Garden. For specific opportunities, contact Lisa Grove, horticulturalist, at lgrove@grapevinetexas.gov.

CHILDREN'S EVENTS • SUMMER 2016

Location: Grapevine Botanical Gardens, Pewitt Pavilion
Ages: 3-6 • **Fee:** $5
Note: Pre-registration required. Class Minimum: 4, Max: 15

Little Miss Sunshine
Learn about sunflowers and how they live their whole life in less than a year. This session includes a sunflower craft activity and a story time.

May 5	304608-05	4:00-4:45 PM
May 31	304616-05	10:00-10:45 AM

Time to Wake Up!
Find out how and why seeds sleep and what wakes them up. This session includes a seed art craft and a story time.

Jun 2	304606-06	4:00-4:45 PM
Jun 28	304612-06	10:00-10:45 AM

Plants We Eat
Learn about plants that grow above and below ground that we can eat. This session includes a veggie art craft and a story time.

Jul 7	304607-07	4:00-4:45 PM
Jul 26	304614-07	10:00-10:45 AM

Cricket Talk
Look at live crickets and learn how they make sound. This session includes a story time and making a cricket craft.

May 17	304709-05	4:00-4:45 PM
May 26	304718-05	10:00-10:45 AM

Toad Abode
Look at live tadpoles and learn how they grow into frogs. This session includes making a toad house and a story time.

Jun 21	304712-06	4:00-4:45 PM
Jun 30	304724-06	10:00-10:45 AM

Reptiles Everywhere
Learn about the many types of reptiles we see everywhere. We will make a snake bracelet, and turtle art craft. This session includes a story time.

Jul 19	304719-07	4:00-4:45 PM
Jul 28	304738-07	10:00-10:45 AM

SPECIAL EVENTS • SUMMER 2016

NATIONAL PUBLIC GARDENS DAY
Fri, May 6 • 10:00 AM–6:00 PM
Celebrate the role public gardens play in the community. Stumble upon "stand alone" activities designed to foster education and stewardship.

TOUR THE GARDEN
Docent led tours are available at no charge, however donations are appreciated. Adventure tours can be created to reinforce specific areas of study or achievement programs. Call Lisa Grove at 817.410.3350 to schedule.

KEEP GRAPEVINE BEAUTIFUL (KGVB)

KGVB is a non-profit organization with the mission to preserve and enhance the local natural environment by strengthening citizen's levels of commitment through educational programs and engaging volunteer based projects. Many of these projects are in partnership with the City of Grapevine, GCISD, the Grapevine Garden Club, GRACE and other community organizations. We also offer specially **tailored community service projects** for any business or organization.

Please email Cindy Harris, Volunteer Services Liasion, at charris@grapevinetexas.gov for volunteer opportunities. For upcoming events and general information about KGVB please visit www.KGVB.org or www.facebook.com/kgvb.org.

Additionally, the **Adopt-an-Area Program** allows individuals, families, community groups, and businesses to take an active role in achieving a cleaner, greener Grapevine. For more information email Cindy Harris at charris@grapevinetexas.gov.

Specifically for businesses of Grapevine, the **Business Ambassador Initiative – Sustain the Vine**. The mission of this program is to reduce the amount of natural resources consumed, reduce non-recyclable waste, and reduce the production of pollutants. All participating business will receive recognitions through KGVB website, social media and publications, a certificate, and a window decal declaring your participation in the program and the level achieved. To participate in the program, email lori.p.clark@gmail.com.

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ACTIVE ADULTS 55 & BETTER

Transportation
The REC provides transportation for Grapevine residents 55+ years of age to and from The REC, Monday through Friday. Also provided and scheduled by The REC are opportunities for transportation to the bank, post office, grocery shopping, mall shopping and various activities and special events. Daily transportation reservations are required by 2:00 PM the preceding day.

Lunch
Senior Citizen Services of Greater Tarrant County, Inc. (SCS) provides hot lunches that supply one-third of the RDA at 12:00 PM, Monday through Friday. For those under 60, the fee for the meal is $6. For those 60+ and their spouse, the meal is available for a suggested contribution of $2. Reservations are required 24 hours in advance.

Health & Nutrition Education
Educational programs provided by health care professionals.

Senior*Movers*
This volunteer-based program assists with the medical and dental transportation needs of the local senior population. Riders must be pre-registered, give 48-hour notice of need and require very minimal assistance. For information about this program, please call 817.410.3465.

Friends of the Grapevine Senior Activities Center (FOGSAC)
Tax deductible donations for this 501(c)3 organization are used to improve technology, to supplement recurring programs and to further educational opportunities for active adults 55+ at The REC. For more information, please call 817.410.3465.

NETS
The Northeast Transportation Service is operated by Catholic Charities for adults age 60 and over, the disabled and/or the transportation disadvantaged. Call NETS at 817.336.8714.

Volunteers
There are many opportunities available to teach classes, provide transportation for medical needs and much more. For more information, please call 817.410.3465.

Field Trips
Monthly excursions to a variety of venues. For more information, please call 817.410.3465.

Grapevine Senior Citizens Advisory Board
This City Council-appointed Board meets the first Tuesday of each even-numbered month at 3:30 PM to address senior issues in our community. This is an open meeting. Changes or cancellations will be posted on grapevinetexas.gov.

Newsletter: The Grape Affair
Grapevine residents age 55 or better who would like to receive the monthly newsletter by mail, please call 817.410.3465. To receive via email, contact us at pardinfo@grapevinetexas.gov.

55 Fit
A fun, social class with a little bit of everything including a warm up, aerobic exercise and a cool down that helps improve flexibility, balance, endurance, and coordination. Bring a water bottle to class. Sign up for 1, 2 or 3 classes depending on your schedule.

Mon	806004	11:00-11:45 AM
Wed	806005	11:00-11:45 AM
Fri	806006	11:00-11:45 AM

Active Adult Water Aerobics

Mon, Wed	806003	8:00-8:50 AM
Tue, Thu	806007	8:00-8:50 AM

Beginner T'ai Chi
No-impact exercise combining gentle, fluid movements and thoughtful concentration to create the total mind, body and spirit workout.

Wed, Fri	806201	10:30 AM

Bridge
This friendly group invites everyone to join the fun. Brush up on your skills while learning technique and strategy.

Tue	805301	10:00-11:45 AM

Card Making Classes
Make a unique handmade card each week using a variety of techniques.

Fri	805303	1:00 PM

Chorus
If you love to sing no matter if you're in key or not, this group is for you! Learn new songs, make new friends and engage in community outreach by performing programs off-site.
Note: Chorus will not meet in June, July or August.

Thu	805501	10:00-11:30 AM

Computer Classes
Many topics are covered in class for the beginner to the advanced.

Registration: Aug 1
Walk-Ins: 9:00 AM–12:00 PM
Call-Ins: 1:00-2:00 PM

Culture Club
Teaming with Artreach-Dallas Inc., we offer a variety of trips to symphonies, plays, musicals and concerts. Become a member any time. Sign up at Active Adult Desk.

Annual membership:
Jun 1, 2016–May 31, 2017
Fee: $10 per year

Cycling with Megan
Come ride with us in our cycling class and tour the world. Indoor cycling is a great cardiovascular workout for ages 55 and better. Climb some hills or just pedal; just keep moving. Bring water, a small towel and wear closed toed shoes.

Thu	806501	10:30 AM

Go Go Girls from Grapevine
A variety of field trips planned exclusively for women on the go! Join the fun!
Note: day and time varies. Please call 817.410.3465 for schedule.

Jewelry Making
Join a merry band of beaders and make earrings, necklaces, bracelets and more! Unleash your creativity and learn skills to make jewelry with beads, wire, ribbon, leather, etc. Beginners and those more experienced are welcome. Learn new techniques and explore a variety of methods and materials to make beautiful jewelry you'll be proud to wear and give as gifts.

Thurs	805500	10:00-11:45 AM

Mah Jongg
A game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s. Join this friendly group; we will teach you the game!

Mon	809201	1:00-4:00 PM

Oil Painting
Designed for the novice as well as the advanced artist. Work on independent projects and receive guidance from a qualified teacher.

Tue	805302	10:00 AM

Order of Plaid Shirts (FOPS)
Join a group of gentlemen who fraternize once a month and enjoy a variety of tours and lunch.
Note: day and time varies. Please call 817.410.3465 for schedule.

Sizzlin' Seniors Basic
This is a free class designed for seniors, all fitness levels. Exercise in a chair or standing up, targeting strength, flexibility, balance and core. Fitness equipment such as balls, exertubes and handweights are used, along with oldies music to create a fun and energetic fitness class.

Tue, Thu	806008	10:45-11:45 AM
Fri	806008	12:00-12:45 PM

Sizzlin' Seniors Circuit
This is a free class consisting of a timed circuit with multiple stations. The focus of this class is strength, lite cardio and balance. Energetic music makes for a great class for the more active senior.

Wed	806009	12:00-12:45 PM

Strength Training
A great class designed for active adults 55+ to help promote bone density, strength and flexibility. A fun, motivating class with various exercises that will make a difference and are age and multi-level appropriate. Sitting and standing exercises are used for a fun, healthy, overall workout. Beginners to advanced will enjoy this class.

Mon, Wed 806800 1:00 PM

Yoga Lite
This class incorporates standing and sitting poses to improve flexibility, range of motion and balance. Relaxation techniques and focused breathing helps to calm us and to seek an inner joyfulness. Bring a water bottle to class.

Thu 806502 1:00-1:50 PM

Vine Quilters
Learn a variety of techniques in this casual ongoing class taught by published quilter Sandra Millett.

Wed 805400 10:00-11:45 AM

Thank you for this marvelous facility! Being a part of your program has enriched our lives so very much – in health, education and exercise! The programs and people have been a real godsend to us in our recent move to Grapevine to be near family. — Charlene & Winston M.

Young@Heart Gardening Series
(Active Adults 55 & Better)

What's in a Name?
You will make plant markers for your garden or potted plants. From plant name labels, garden quotes, or well wishes, you can add your personality to your garden. We will stroll through the Garden, feed the fish and see what plants are at their best in May.
Location: Botanical Gardens, Bessie Mitchell House • **Ages:** $55+
Fee: $5/person • **Note:** Pre-registration required. Minimum: 4, Max: 15
More Info: Classes include a tour of the Garden and a chance to feed the Japanese Koi.

May 23 804200-05 10:00 AM-12:00 PM

Tiny Terrariums
In this class, we will assemble a mini garden in a jar and learn about succulent plants and their care. After we are done, we will take a stroll through the garden and feed the Japanese Koi, and discover hidden garden treasures.
Location: Botanical Gardens, Bessie Mitchell House • **Ages:** $55+
Fee: $5/person • **Note:** Pre-registration required. Minimum: 4, Max: 15
More Info: Classes include a tour of the Garden and a chance to feed the Japanese Koi.

Jun 27 804200-06 10:00 AM-12:00 PM

Garden Mosaic
We will make faux stone art for your garden. Learn about the history of mosaic design and embellish your stone with glass beads and tiles. We will stroll through the Garden, feed the Japanese Koi, and discover summer blooms.
Location: Botanical Gardens, Bessie Mitchell House • **Ages:** $55+
Fee: $5/person • **Note:** Pre-registration required. Minimum: 4, Max: 15
More Info: Classes include a tour of the Garden and a chance to feed the Japanese Koi.

Jul 25 804200-07 10:00 AM-12:00 PM

WEEKLY SCHEDULE

MONDAY
8:00 AM: Water Aerobics
8:00-11:00 AM: Walking Track
8:00-11:00 AM: Fitness Room
9:30 AM: Music Jam
11:00 AM: 55 Fit
1:00 PM: Strength Training
1:00 PM: Mah Jongg

TUESDAY
8:00 AM: Water Aerobics
8:00-11:00 AM: Walking Track
8:00-11:00 AM: Fitness Room
9:45 AM: Chair Exercise
10:00 AM: Oil Painting
10:00 AM: Bridge
10:45 AM: Sizzlin' Seniors Basic
1:00 PM: Bingo

WEDNESDAY
8:00 AM: Water Aerobics
8:00-11:00 AM: Walking Track
8:00-11:00 AM: Fitness Room
9:45 AM: Chair Exercise
9:45 AM: Grapevine Shopping
10:00 AM: Quilting
10:30 AM: Beginner T'ai Chi
11:00 AM: 55 Fit
12:00 PM Sizzlin' Seniors Circuit
12:45 PM: Grocery Shopping
1:00 PM: Strength Training

THURSDAY
8:00 AM: Water Aerobics
8:00-11:00 AM: Walking Track
8:00-11:00 AM: Fitness Room
9:45 AM: Chair Exercise
10:00 AM: Chorus
10:00 AM: Jewelry Making
10:30 AM: Cycling with Megan
10:45 AM: Sizzlin' Seniors Basic
1:00 PM: Yoga Lite

FRIDAY
8:00-11:00 AM: Walking Track
8:00-11:00 AM: Fitness Room
9:45 AM: Chair Exercise
10:30 AM: Beginner T'ai Chi
11:00 AM: 55 Fit
12:00 PM: Sizzlin' Seniors Basic
1:00 PM: Basic Line Dancing
1:00 PM: Card Making

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Spotlight on London

March 2 - 8, 2017 • 7 Days - 7 Meals

Highlights: Buckingham Palace, Big Ben, Stonehenge, Salisbury, London Eye, Shakespeare's Globe Theatre, Traditional Pub Dinner

Delve into the life in London, one of the world's most iconic metropolises. Explore its rich history, culture, and diversity. Join a local expert on a privately guided panoramic tour of the city. See Trafalgar Square, St. Paul's Cathedral, Buckingham Palace, and the Tower of London. Visit mysterious and ancient Stonehenge, a UNESCO World Heritage site. Soar high above the city on the London Eye. Take a step back in time at Shakespeare's Globe Theater. Finally, toast the end to a wonderful journey at a traditional British pub.

- A local expert leads you on a panoramic tour of London.
- Visit Stonehenge, the mysterious formation that dates back to the Stone Age.
- Get a bird's-eye view of the city from the London Eye.
- Discover what it would have been like to see a Shakespeare play in the 16th century at the Globe Theatre.

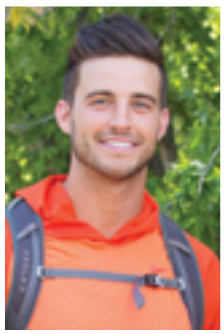
Double **$2849*** Book by October 3, 2016 and **SAVE $100** per person!**

For more information, contact Eileen Hinson,
The REC of Grapevine: **817.410.3465** or ehinson@grapevinetexas.gov

*Rates are per person and include roundtrip air from Dallas Ft Worth Intl, air taxes and fees/surcharges, and hotel transfers. Airfare: For your convenience, we offer airfare for purchase with all tour packages. If you purchase an air-inclusive program, your airfare will be quoted inclusive of all fuel, taxes and fees. Your rates are subject to change until paid in full. Seats are limited and may not be available on every flight or departure date. Checked Baggage Charges: Some airlines may impose additional charges if you choose to check any baggage. Please contact your airline or refer to its website for detailed information regarding your airline's checked baggage policies. **Book by savings valid on air-inclusive bookings only. Call for rate after book by date. CST# 2006766-20 UBN# 601220855 Nevada Seller of Travel Registration No. 2003-0279

The Amazing Race:
Father Son Edition — NEW
Teamwork and endurance are key in the Amazing Race. Complete challenges, road blocks and detours to find your way to the finish line! Enjoy a day outside, creating competitive memories with your son(s) to last you a lifetime. You and your boy(s) will have the chance to participate in over 10 different tasks that include mental and physical endurance. Whoever gets through all the tasks first wins a prize! We will have The Amazing Race's very own Tanner Kloven, of Season 27, as our special guest host! Come prepared to get messy; make sure you wear comfortable clothing that you can move in and possibly get wet.
Location: Parr Park, 3010 Parr Ln. • **Ages:** 5+
Fee: $15 per person on or before May 29 / $20 per person beginning May 30
Registration Deadline: Wednesday, June 8
Note: Tickets will not be sold at the park. Get them at Playgrapevinereg.com or call The REC at 817.410.3450.

Jun 11	888800-01	9:00AM-12:00PM



TANNER KLOVEN
The Amazing Race • Season 27

SPECIAL GUEST HOST

WE NEED **YOU!**

Volunteers Needed
If you are looking for a fun and exciting way to get involved with your community, and even earn hours towards a community service project, look no further! Grapevine Parks and Recreation Community Events has a multitude of options for you and your service group!

For more information on these opportunities, please contact Meredith Shirley, Community Events Coordinator, at 817.410.3398 or mshirley@grapevinetexas.gov. Recently launched is a new Facebook group that you can find under "City of Grapevine Community Event Volunteers"; join if you are interested in updates on what's going on!

Are you a business owner wanting to get involved with Community Events? We'd love to work side by side with you! Contact April Rogers, Event Production Supervisor at 817.410.3396 or arogers@grapevinetexas.gov.

FOURTH Friday Film SERIES

MAY 27

JUN 24

JUL 22

AUG 26

SEPT 23

Fourth Friday Films

Back by popular demand! Join us on the fourth Friday of each month this season for our 2nd Annual Fourth Friday Film Series! Bring your lawn chairs, blankets, family, and friends to enjoy a free film under the stars! Beginning in May, we will show a different movie at a different park each month starting at dusk. Feel free to make this an evening with your family by bringing your own food and drinks. Keep an eye out on the Grapevine Parks and Recreation facebook page reminding you of where/what each movie will be each month.

Location: Various Parks • **Ages:** All • **Fee:** Free

Additional Information: Movies begin at dusk

Note: Normal admission fees will apply to Dive-In Movie at Dove Water Park

Date	Movie	Location
May 27	People's Choice - The Peanuts Movie	Heritage Park
Jun 24	Star Wars: The Force Awakens	Parr Park
Jul 22	Inside Out	Dove Waterpark Dive-In Movie
Aug 26	The Sandlot	The Park at The Rec
Sept 23	Jurassic World	Trawick Pavilion at Oak Grove Park

SPECIAL EVENTS

PRESENTED BY THE GRAPEVINE CONVENTION & VISITORS BUREAU

Tower Gallery & Grand Gallery
Enjoy a variety of local and touring gallery exhibits.
Location: Grapevine CVB, 636 S. Main St.
Gallery Hours: Mon–Fri, 9:00 AM–5:00 PM
(closes at 5:30 PM on Mon-Fri from Jun 1-Sep 5).
Sat, 10:00 AM–6:30 PM • Sun, Noon–5:00 PM
Fee: Free • **More Info:** GrapevineMuseums.com

May 1-28	"Triple Exposure" Photography Exhibit
May 7–22	Congressional Student Art Show
May 17–27	Grapevine Colleyville ISD Regional Student Art Show
May 3–Aug 27	International Porcelain Artists and Teachers
Jun 3-Sep 18	"Be the Dinosaur™" Exhibit*
Jun 10-Sep 30	"Picturing Wonderland" Exhibit

***Special exhibit times:** Mon-Fri, 11:00 AM–5:00 PM • Sat, 10:00 AM–6:00 PM • Sun, Noon-5:00 PM
Fee: $4 per person (24 months and older)

Settlement to City Museums at Ted R. Ware Plaza
Learn the history of Grapevine through hands-on activities, photographs and artifacts.
Location: 206 W. Hudgins St. • **Fee:** Free
Times: Tue-Sat, 10:00 AM–4:00 PM • Sun, 11:00 AM–4:00 PM

First Friday & Classic Film Series
Enjoy a movie in the Historic Palace Theatre.
Location: Palace Theatre, 300 S. Main St. • **Fee:** $6/person
Phone: 817.410.3100
Website: Palace-Theatre.com

Nash Farm Activities & Events
Grapevine's Historic Nash Farm offers year-round fun for the entire family. Visit the website for a full listing of special events, First Friday and Frugal Farm Wife programs at Nash Farm.
Location: 626 Ball St.
Website: NashFarm.org
Note: Some events require pre-registration and have limited space.

Grapevine Vintage Railroad
Hop aboard the Grapevine Vintage Railroad and step back in time to the 19th century.
Location: Cotton Belt Depot, 705 S. Main St.
Website: GVRR.com
Note: Visit website for schedule, pricing and seating details.

32nd Annual Main Street Fest
Presented by Bank of the West, Member of FDIC
Celebrate Craft Beer Week and enjoy craft brews. Dance to non-stop entertainment, seek out your favorite festival food and shop the day away. Main Street Fest is a fun-filled festival perfect for the entire family.
Location: Main Street in Downtown Grapevine
Dates: May 20-22
Website: GrapevineTexasUSA.com/MainStreetFest

8th Annual SummerBlast
Grapevine, a one-of-a-kind summer destination, offers exciting activities for visitors and locals alike. From summer markets, festivals and amazing hotel offerings, Grapevine truly is the premier summer destination of North Texas.
Location: Throughout Grapevine
Dates: May 27-Sep 5 (Memorial Day weekend through Labor Day weekend)

34th Annual Fireworks Extravaganza Over Lake Grapevine
See fireworks light up the sky over Lake Grapevine!
Location: Lake Grapevine
Date: Jul 4 • **Time:** 9:30 PM

Grapevine Market
Come experience open-air, European-style shopping in Historic Downtown Grapevine.
Location: Liberty Park, 215 S. Main St.
Dates: Each Thur, Fri & Sat, through Oct 15
Time: 10:00 AM–4:00 PM

Grapevine Farmers Market
Enjoy locally grown produce from local, regional and Texas farmers.
Location: Town Square Gazebo, 325 S. Main St.
Dates: Each Thur, Fri & Sat, through Oct 15
Time: 8:00 AM–4:00 PM
Note: For produce information, visit them on the web at FarmersMarketOfGrapevine.com

*All events subject to change. For more information about Grapevine special events and festivals, please call 817.410.3185 or visit GrapevineTexasUSA.com.

LAKE PARKS

Meadowmere Park
3000 Meadowmere Lane

Meadowmere Park boasts over 200 acres of recreational opportunities with everything from primitive camping sites, kayak and standup paddleboard rentals, designated swim beach, state-of-the-art play structure, picnic shelters, bbq grills, a group pavilion and ample open space. Our camping sites allow for two tents per site, 6 campers, and plenty of space between sites allowing for a remote camping experience.

Park Office: 817.488.5272
Group Pavilion Rentals: 817.410.3470
Day Use Entry Fee: *$5 per car
Overnight Camping Fee: *$25 per site
*Holiday rates: Day Use $10 per car, Overnight Camping $35 applies on weekends of Easter, Memorial Day, 4th of July and Labor Day

Rockledge Park
3600 Pilot Point

Rockledge Park offers stunning views of Grapevine Lake amidst a unique rocky outcropping. The park provides a large group pavilion, park store, picnic tables, incredible views of the Friday night and July 4th fireworks shows and access for hikers and mountain bikers to Northshore Trail. This premier photo shoot location offers breathtaking scenes of bluffs, beaches, and sunsets over the lake. To schedule a photo shoot, $50 per hour (one hour minimum), contact Sheila Rich at srich@grapevinetexas.gov.

Park Office: 817.454.1058
Group Pavilion Rentals: 817.410.3470
Day Use Entry Fee: *$5 per car
*Holiday rate: Day Use $10 per car applies on weekends of Easter, Memorial Day, 4th of July and Labor Day

The Vineyards Campground & Cabins on Grapevine Lake
1501 North Dooley Street

The nationally award winning Vineyards Campground & Cabins is Texas' premier camping destination. The Vineyards has ample space for your RVs with spots for all size rigs. In addition to our 93 full hookup RV sites, the Vineyards offers 15 climate controlled lakeside cabins.

Wake up on the shores of Grapevine Lake while still having all the comforts of home. You can join in exclusive campground activities, go hiking, fishing, swimming, kayaking, trail exploring or simply lounge on your cabin's porch and enjoy the lakefront views of this one of a kind park. All cabins are fully-furnished with linens, stove*, microwave, refrigerator, dishes, cable TV, Wi-Fi and more, and can accommodate two to six people, so the whole family can participate in the fun!

*Excluding duplex unit

Campground Office: 817.329.8993
Online Reservations: vineyardscampground.com

GuestRated 2015

arvc National Association of RV Parks & Campgrounds
2012 PARK OF THE YEAR

If you love spending time at the lake, purchase an annual Lake Park Pass for year round park and boat ramp access. Available at The REC of Grapevine, Meadowmere Park or Rockledge Park. Resident pass $35, Non-resident pass $75

NEW FOR 2016
Lake Park Passes will be changing from the calendar year format and will now be valid for one (1) year from date of purchase.

AFTER A FLOOD:

The Bright Future of Grapevine's Lake Parks

It's not uncommon for me to meet people around town who have never heard of The Vineyards Campground & Cabins. However, as often as it happens I'm nevertheless surprised that there are Grapevine residents who are unaware that one of the country's most award winning RV and leisure destinations sits on our shores.

The Vineyards brings in people from across the US and beyond to experience a peaceful family filled getaway, seemingly unimaginable in our bustling metroplex. It's here that I've met retired Canadians with a wealth of corporate experience enjoying Grapevine's sunsets during their post-work years, parents teaching their children to fish while traveling the country on vacation, families who have spent every Labor Day weekend in the same site for ten years and Grapevine residents who can trace their lineage to the founding of our city. This place has made me believe that a quiet night under the stars, surrounded by whispering trees and the subtle murmurs of the lake is truly a universal experience everyone can enjoy with the same serene smile.

This is just one of our parks that I've had the pleasure of supervising over the last few years in Grapevine's Lake Park system, and is a place I'm ready to have reopened so that those lasting memories can continue to be created by all the people who look to the shores of Grapevine Lake for family, recreation and peace of mind. Sometimes it takes losing something to truly reflect on how meaningful it is to our daily lives.

While many may not know all the intricate ins-and-outs and opportunities of our 10 miles of shoreline in Grapevine, you would be hard pressed to find a household in Grapevine that was unaware of the flooding that occurred at Grapevine Lake following the record breaking rains of 2015. Over the last year I've had the opportunity to teach many GCISD students about Grapevine Lake, how it was created and what our dam does to prevent flooding downstream in the Trinity River Basin. Most kids thought that the lake was dug by enormous excavating machines and all the dirt taken far away, then water was piped in to fill the huge hole all the people dug (admittedly, I thought this myself as a kid when I heard about "manmade" lakes). The flood was an event that reached everyone in Grapevine, indiscriminate of the age of the ear.

What we witnessed in Texas last spring and the fall and winter storms that followed was an unprecedented natural phenomenon that put Grapevine in the headlines and, yes, put a stop to many of your recreation plans that we work to provide. As unfortunate as it has been, the flood did much more than spoil summer fun at the lake—it galvanized relationships in the community that resulted in one of the largest community cleanup projects Grapevine has ever had, it offered occasion for adults and children alike to learn more about the natural environment, engineering and how they interconnect with daily life and it has provided your Parks Department with an opportunity to reimagine park amenities to create a better recreation experience for you.

Every public servant that supports Grapevine's Lake Parks takes immense pride in our City and the work we do daily, knowing that your enjoyment of Grapevine Lake is our benchmark for success. You will see changes to some facilities and amenities that were damaged or destroyed as a result of the disaster, updates to outdated remnants of when the parks were managed by the Army Corp of Engineers and new features for your family to experience. Over the coming months we will be updating playgrounds and restrooms, repaving roads, adding a new paddle sport dock and rental facility at Meadowmere Park and upgrading facilities to storm rated buildings for the safety of our park goers.

The lake will recede and all the parks you enjoyed will reopen. They will once again be your place to sit in solitude and cast a line, meet friends for raucous volleyball game, bike through the woods, walk your best four-legged friend, eat PB&J's on a blanket with the kids or spend the night under the stars. However you do free-time best, there will be a Lake Park opening for you soon.

Peter Doyle
Lake Parks Supervisor

OUTDOOR RECREATION

RISE Adaptive Sports
Kicking Off the Summer Bash

An outdoor adventure experience for the physically challenged.

Enjoy the physical, mental and social benefits of weekly recreational programs. Sample the latest in adaptive equipment; water skiing, jet skiing, sailing, kayaking, fishing, hand cycling, remote control sailboats, quad rugby, basketball, face painting, and many more fun activities. This event is FREE for qualified participants and their families. Complimentary food, beverages and live music will be provided. RISE Adventures is a non-profit charitable organization. For more information on participation, sponsorship, or volunteering, please visit riseadventures.org or call 469.762.5075.
Location: Meadowmere Park • **Fee:** FREE
Date: May 14 • **Time:** 9:00 AM-3:00PM

The Archery Experience — NEW
Arrow Fun for Everyone

Come experience the fun and excitement of one of the fastest growing sports in America. Grapevine Parks and Recreation (PARD) brings you an opportunity to try this ancient skill that's perfect for the modern world. The Archery Experience is great for young beginners or seasoned archers wanting to take aim at the programs, camps, equipment, lessons, clubs, tournaments, safety and bow hunting tips and tricks that are available through PARD and other organizations. Get hands-on experience with the different types of bows, arrows, tips, and targets through various challenges, distances, games and interactive activities all designed to encourage participants to further explore this dynamic lifetime sport. This event is FREE for participants!
For more information, contact Morgan Davidson at 817.410.3368 or mdavidson@grapevinetexas.gov.
Location: The REC Field • **Fee:** FREE
Date: Jun 4 • **Time:** 9:00 AM-3:00PM

Summer Surf Camp

Summer surf camps are an exciting opportunity for kids to learn watersport, surfing and boating basics. Campers will learn how to wakesurf and paddleboard with the professionals at DFW Surf. If you like being on the lake, then this is the camp for you.
Location: Grapevine Lake • **Fee:** $399 • **Ages:** 9-12
Date: Jul 25-28 • **Time:** 9:00 AM-2:00 PM
Note: No prior surfing experience required, but swimming is a pre-requisite. To register, or for more information, visit dfwsurf.com/camps.

Texas Council Fly Fishing Expo

Texas Council of the International Federation of Fly Fishers is bringing their third annual Texas Council Fly Fishing Expo to North Texas for the first time. Take full advantage of casting programs, certifications, kayak clinics and demonstrations from local dealers and certified instructors.
Location: Grapevine Convention Center / Trawick Pavilion
Fee: FREE • **Date:** Sept 8-10
Note: For more information visit txflyfishexpo.com.

Fossil Fest

Ready to take a trip back in time? Come LEARN about the prehistoric creatures that once roamed in your backyard, DIG for fossils and uncover a new discovery with your imagination and EXPLORE the findings and dinosaur tracks from Grapevine Lake at the 2nd annual Fossil Fest. Bring the whole family and enjoy speaking with dinosaur enthusiasts, touching authentic tracks and maybe even meeting a dinosaur!
Location: Botanical Gardens at Heritage Park
Fee: FREE • **Date:** Oct 1 • **Time:** 11:00 AM-3:00 PM

Archery Programs – Coming Soon!

Coming Fall 2016, explore new programs being offered by Grapevine Parks and Recreation, Explore Archery! For more information, contact Morgan Davidson at 817.410.3368 or mdavidson@grapevinetexas.gov.

APPROVED PARTNERS

DFW Surf
Bringing stand up paddleboarding to Grapevine Lake, DFW Surf has a wide array of classes and tours year round. For more information visit dfwsurf.com or call 972.427.4082.

Location: Grapevine Lake, Farris Branch Boat Ramp

Lonestar Adventure Sports
Love the water? Interested in Kayaking? Come join Lonestar Adventure Sports on the water for a fun and memorable time! For more information visit lonestaradventuresports.com.

Location: Grapevine Lake at Minnow Loop

Discover Kayak
Discover Kayak brings the unique experience of paddling Grapevine lake and watching the Friday night fireworks display and see it's reflection off the water. Don't miss out on other offerings, visit discoverkayak.com for more information.

SAILING CAMPS
grapevinejuniorsailing.org • 972.672.4018

CAMP	DATES	TIMES	AGES	CODE	LOCATION	FEE
Learn to Sail Camp	Jun 6-17 (two wks) (M-F)	9 AM–4 PM	7–16	703954-10	Scott's Landing Marina. Grapevine Lake	$525
Learn to Sail Camp	Jun 20-Jul 1 (two wks) (M-F)	9 AM–4 PM	7–16	703954-11	Scott's Landing Marina. Grapevine Lake	$525
Learn to Sail Camp	Jul 5-15 (two wks) (M-F)	9 AM–4 PM	7–16	703954-12	Scott's Landing Marina. Grapevine Lake	$525

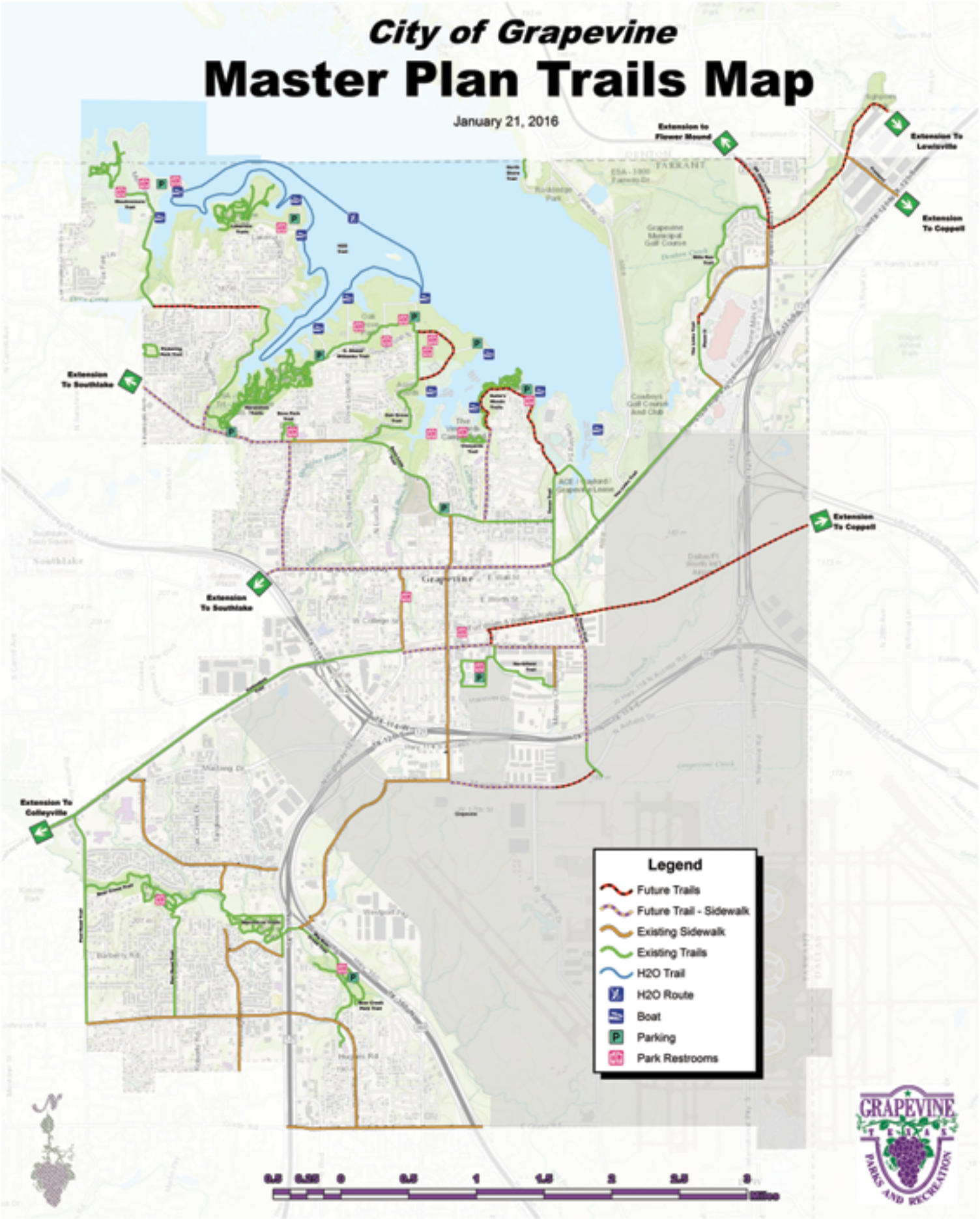
Campers will learn the joy of sailing. We will teach them the basics of how to sail as well as the parts and proper care of a boat. The sessions have been developed to accommodate all levels of students. From beginners with no experience to kids that have taken the camp previously. Campers should bring a U.S. Coast Guard approved life jacket. Campers may register for multiple camp sessions.

Race Camp for Optimist Sailors	Jun 6-17 (two wks) (M-F)	9 AM–4 PM	7–16	703945-11	Scott's Landing Marina. Grapevine Lake	$525

Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Optimist Sailboat. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics

Race Camp for Laser/420 Sailors	Jun 20–Jul 1 (two wks) (M-F)	9 AM–4 PM	7–16	703946-11	Scott's Landing Marina. Grapevine Lake	$525

Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Lasers and 420's. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics


City of Grapevine
Master Plan Trails Map
January 21, 2016
Extension to Flower Mound
Extension To Lewisville
Extension To Coppell
Extension To Southlake
Extension To Southlake
Extension To Coppell
Extension To Colleyville
Legend
Future Trails
Future Trail - Sidewalk
Existing Sidewalk
Existing Trails
H2O Trail
H2O Route
Boat
Parking
Park Restrooms
GRAPEVINE
TEXAS
PARKS AND RECREATION

GRAPEVINE LAKE PARKS AND BOAT RAMPS

REGISTRATION INFO

Registrations will be processed on a first-come, first-serve basis. No early registrations will be accepted.

ONLINE REGISTRATION

Register online at playgrapevine.com. You must have a user ID and password, which may be obtained at The REC of Grapevine. Visa or MasterCard required for payment. Due to fee structure, some classes may not be available on-line. Due to fees not being discounted online, HERO recipients cannot register via the Internet.

PHONE-IN REGISTRATION

Households that have previously registered for Parks and Recreation programs, and are therefore already in our computer system, may register by phone. Payment must be made with Visa or MasterCard. Memberships may not be processed over the phone. Please have your Play Grapevine guide and credit card available to expedite registration. Please call 817.410.3450 for phone-in registrations.

WALK-IN REGISTRATION

Will be accepted at The REC of Grapevine

REFUNDS

Your satisfaction is important to us! If you are not completely satisfied with your class, please notify us. The following are general guidelines for refunds:

1) A refund may be prorated dependent upon the date of the request. Refunds must be requested prior to the midpoint of that session.

2) All requests for refunds will be reviewed by staff.

3) A Refund Request Form must be completed in person or with a staff member via telephone. Forms may be obtained at The REC of Grapevine.

4) Refunds will be refunded back to the credit card charged and applied to the household account for future use, or processed and a check returned. No cash refunds.

CANCELLATIONS

All programs must have a minimum number of participants in order to be conducted. If a program does not meet this minimum no later than 48 hours prior to the program start date, the class may cancel/combine or make any revisions necessary. A full refund will be processed and mailed. Please allow 3 weeks for refund.

PLAYER'S NOTICE

Participants must recognize that all classes/activities of a physical nature involve some risk, and by registering for a class/activity of this nature, there is an assumption of risk by the participant. The City of Grapevine Parks & Recreation Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff and instructors. Every effort is made to ensure the safety of the participants and to provide them with first-class leisure activities, facilities and parks. In the event of a serious accident or illness, it is the policy of the City of Grapevine to:

1) Contact Grapevine Fire Department Emergency Services to perform first aid, and when necessary, recommend transportation to a hospital.

2) Reach the parent and/or legal guardian as soon as the situation allows.

LAKE PARKS ANNUAL PASSES

Purchase yours today at The Vineyards Campground and Cabins (1501 North Dooley St), Meadowmere Park (3000 Meadowmere Ln), and Rockledge Park (3600 Pilot Point). The annual passes are good for a year from the date of purchase and provide holders use of all nine public boat ramps in Grapevine and access to Meadowmere and Rockledge Parks.

PARKS ADDRESSES

9/11 PLAZA
2 Texan Trail

ACORN WOODS
1000 Oak Grove Loop S.

AUSTIN OAKS PARK
528 Austin Creek Dr

BANYAN PARK
350 Banyan Drive

BEAR CREEK PARK
3230 South State Hwy. 360

BELLAIRE PARK
1004 Pine Street

BIG BEAR CREEK NATURE PRESERVE
3010 Parr Lane

BOTANICAL GARDENS AT HERITAGE PARK
411 Ball Street

CANNON ELEMENTARY
1300 W. College

CASEY'S CLUBHOUSE
1509 Hood Lane

C.J. HUTCHINGS PARK
1201 Cable Creek Drive

CLUCK PARK
312 Central Drive

COMMUNITY OUTREACH
3010 Mustang Drive

CONVENTION CENTER & LIBRARY
1201 Municipal Way

CROSS TIMBERS MIDDLE SCHOOL
2301 Pool Road

DOVE WATERPARK
1509 Hood Lane

DOVE CROSSING PARK
1701 Stoneway Drive

DOVE ELEMENTARY SCHOOL
1932 Dove Road

FAITH CHRISTIAN SCHOOL
730 E. Worth

FAITH CHRISTIAN SCHOOL PARK
500 Austin Street

GLADE CROSSING PARK
512 Westbury Drive

GLADE LANDING PARK
5201 Brettenmeadow Drive

GRACE PARK
610 Shady Brook Drive

HAZY MEADOWS PARK
4300 Hazy Meadows Drive

HERITAGE CENTER
701 S. Main Street

HERITAGE ELEMENTARY SCHOOL
4500 Heritage Road

HERITAGE PARK
200 Ball Street

HIGHPOINT PARK
4121 Freeport Parkway

HORSESHOE TRAILS PARK
2099 Hood Lane

JACKSON PAVILION
3501 Pavilion Place

KATIE'S WOODS PARK
1700 Katie's Woods Drive

LAKE POINTE PARK
1150 West Dove Loop Road

LAKEVIEW PARK
3850 Lakeview Drive

LIBERTY PARK
215 S. Main Street

MEADOWMERE PARK
3000 Meadowmere Lane

MEADOWMERE SOCCER
3295 W. Perch Lane

McPHERSON SLOUGH
1400 Horseshoe Trail E.

OAK GROVE BALLFIELD COMPLEX
2520 Oak Grove Loop South

OAK GROVE SOCCER COMPLEX
1299 Oak Grove Loop North

OAK GROVE SOFTBALL COMPLEX
2700 Dove Loop Road

OAK RIDGE PARK
2590 Juniper Lane

PARKWOOD PARK
1901 Woodcreek Drive

PARR PARK AND SPRAYGROUND
3010 Parr Lane

PECAN PARK
4200 Halmont Drive

PICKERING PARK
1901 Kimball Road

PLEASANT GLADE POOL
1805 Hall-Johnson Road

THE REC
1175 Municipal Way

ROCKLEDGE PARK
3600 Pilot Point

SAND BASS POINT
399 Sand Bass Drive

SHADOW GLEN PARK
1815 Altacrest Drive

SILVERLAKE ELEMENTARY SCHOOL
1351 N. Dooley

SUNSHINE HARBOR PARK
821 Dawn Lane

TIMBERLINE ELEMENTARY SCHOOL
3220 Timberline Road

TOWN SQUARE
325 S. Main Street

TRAWICK PAVILION
2700 Darren Medlin Trail

THE VINEYARDS CAMPGROUND & CABINS
1501 N. Dooley Street

WALL-FARRAR PARK
W.D. Tate & State Hwy 360

YORKSHIRE MEADOWS PARK
2710 Whitby Lane

BOAT RAMPS

DOVE LOOP RAMP
3000 Dove Loop Road

KATIE'S WOODS RAMP
1899 Katie's Woods Loop

KATIE'S WOODS RAMP (HIGH WATER)
1899 Katie's Woods Loop

LAKEVIEW RAMP NORTH
3099 Island View Drive

LAKEVIEW RAMP SOUTH
2150 Lakeview Drive

McPHERSON SLOUGH RAMP
2500 Catfish Lane

MEADOWMERE LANE RAMP
3013 Meadowmere Lane

MEADOWMERE PARK RAMP (LOW WATER)
3000 Meadowmere Lane

SAND BASS POINT RAMP
399 Sand Bass Drive

FARRIS BRANCH RAMP
1999 Farris Branch Drive

TRAWICK RAMP
2799 Darren Medlin Trail

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